

**Team Details Ardudwy ac Arfon**

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>PARRY Catrin (GK)</b>		25	5
4	<b>ROWLANDS Heledd</b>		27	8
7	<b>SMITH Jacqueline (C)</b>		34	8
9	<b>ASHCROFT Nicci</b>		40	0
10	<b>BARWOOD Clare</b>		25	8
16	<b>JONES Mared</b>		16	5
17	<b>DAVIES Cari</b>		17	5
34	<b>BARRETT Rosie</b>		23	2
36	<b>COOK Rachel</b>		25	2
38	<b>JONES Cerys</b>		14	4
44	<b>JONES Siwan</b>		14	5
47	<b>JEFFREY Lauren</b>		21	1

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 27-01-2018

**Team Staff**

Role	Name
Team Manager	<b>DAVIES Catrin</b>

**Team Colours**

Shirts	Blue   Green/Blue
Skirts	Green/Blue
Socks	Blue   Green
GK Shirts	Black   Purple

**Team Details Dowlais Ladies HC**

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>DERHAM Michelle (GK)</b>		34	4
2	<b>HUGHES Laurie</b>		34	12
3	<b>THOMAS Janine</b>		46	13
5	<b>LOUGHLIN Louise</b>		16	5
6	<b>TYLER Kate</b>		25	15
9	<b>THOMAS Holly</b>		20	11
10	<b>LINNETT Charlotte (GK)</b>		15	8
11	<b>BOW Jane</b>		42	15
13	<b>GREENMAN Phillipa (C)</b>		28	15
14	<b>PARKER Caryn</b>		40	15
16	<b>DURHAM Lowri</b>		16	4
19	<b>TOOMEY Zoe</b>		25	9

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**Team Staff**

Role	Name
Team Manager	<b>TREHARNE Clive</b>
Head Coach	<b>POWELL Marcus</b>

**Team Colours**

Shirts	Black   Green/Black
Skirts	Black   Green/Black
Socks	Black   Green/Black Hoops
GK Shirts	Orange   Black

**Team Details Gwent**

Shirt No.	Player	Date of Birth	Age*	Caps
3	<b>MUNDY Alice</b>		31	9
6	<b>DAVEY Rosie (C)</b>		26	15
8	<b>PHILLIPS Frances (GK)</b>		25	8
10	<b>POULTNEY Bethany (C)</b>		23	15
12	<b>BATES Martha</b>		27	12
22	<b>PATTEMORE Dee</b>		29	12
29	<b>SMITH Chloe</b>		22	15
34	<b>LAW Sarah</b>		24	13
70	<b>ASHILL Amelia</b>		15	4
89	<b>BLACKBURN Caitlin</b>		16	4

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**Team Staff**

Role	Name
Team Manager	<b>MEREDITH Emily</b>
Head Coach	<b>MCPHERSON Duncan</b>

**Team Colours**

Shirts	Black & Orange   White
Skirts	Black & Orange   Black
Socks	Black & Orange   Orange
GK Shirts	Purple   Yellow

**Team Details Howardian LHC**

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>RICHARDS Emma (GK)</b>		28	10
3	<b>BUTLER Katie</b>		46	4
4	<b>THOMAS Maree</b>		46	7
5	<b>WINCH Emma</b>		34	4
6	<b>BROWN Sophia</b>		27	4
7	<b>PETHERICK Annie (C)</b>		40	10
8	<b>MOORE Liv</b>		18	10
9	<b>FLECK Becky</b>		54	10
10	<b>ROBBINS Charlie</b>		28	4
11	<b>GANESH Serian</b>		28	10
13	<b>RAFFERTY Elise</b>		33	4
14	<b>WILLIAMS Tryphena</b>		29	7

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**Team Staff**

Role	Name
Team Manager	<b>RICHARDS Hayley</b>
Stand-In Manager	<b>BOW Tracey</b>
Head Coach	<b>MOORE Tyrone</b>

**Team Colours**

Shirts	Black   White
Skirts	Black   Black
Socks	Black/Cerise   White/Cerise
GK Shirts	Green   Black

**Team Details Penarth HC**

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>PODMORE Amy (GK)</b>		35	5
2	<b>DAVIES Naomi</b>		23	6
4	<b>JOHN Rachel (C)</b>		27	9
5	<b>CLAYTON Emma</b>		24	5
6	<b>CAPLE Natalie</b>		23	6
7	<b>EDWARDS Naomi (C)</b>		34	9
9	<b>MURCHINGTON Jemma</b>		34	2
17	<b>JORDAN Chloe</b>		17	1
19	<b>NORTH Sophie</b>		23	5
21	<b>WILSON Penny</b>		31	5
32	<b>OWENS Bethan</b>		33	2

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**Team Staff**

Role	Name
Team Manager	<b>TOMOS Dafydd</b>

**Team Colours**

Shirts	Red   Navy
Skirts	Navy   Navy
Socks	Red/Navy Hoops   Navy
GK Shirts	Black   Yellow

**Team Details Whitchurch Saints Hockey Club**

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>DAGLEY Maddie (GK)</b>		22	6
2	<b>HORRELL Ffion (GK)</b>		15	6 (GWENT 4, WSHC 2)
3	<b>EVANS Rhi (C)</b>		28	8
5	<b>LONG Amy</b>		22	15
8	<b>BROOK Amy</b>		24	12
10	<b>LAXTON Liv</b>		23	11
12	<b>STROUD Vikki</b>		37	15
13	<b>KEMPA Emily</b>		27	11
15	<b>HUNTER Katherine</b>		28	13
60	<b>CLARKE Caitlin</b>		17	4
71	<b>GORMAN Sophie</b>		15	4
94	<b>HEBDITCH Catherine</b>		21	4

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**Team Staff**

Role	Name
Team Manager	<b>TIBBITT Fi</b>
Head Coach	<b>WILKINSON Phil</b>
Assistant Coach	<b>FACKRELL Nick</b>

**Team Colours**

Shirts	Navy/Blue   White/Grey
Skirts	Navy   Navy
Socks	Blue/White   Red/White
GK Shirts	Green   Yellow