

2019 Women's Trophy Competition
30 Mar - 6 May 2019
CF11 9SW



Team Details Cardiff & Met

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-----------------------------|---------------|------|-------------------------------|
| 2 | HALL Nia (GK) | | 15 | 1 |
| 5 | WATERS Sarah | | 42 | 1 |
| 16 | STEVENSON Hope | | 22 | 2 (C&M2W) |
| 19 | CHERRINGTON Anna | | 22 | 3 (C&M2W 2, CARDIFF&MET 1) |
| 29 | THOMAS Kate | | 39 | 1 (C&M2W) |
| 30 | ROBERTS Samantha (C) | | 37 | 2 (C&M3W 1, CARDIFF&MET 1) |
| 34 | HERBERT Jo | | 43 | 2 (C&M3W 1, CARDIFF&MET 1) |
| 36 | THOMAS Suzanne | | 39 | 1 |
| 37 | BENNETT Gwen | | 15 | 1 |
| 38 | EVANS Catherine | | 34 | 2 (C&M3W 1, CARDIFF&MET 1) |
| 40 | STREATHER Ellie | | 20 | 0 |
| 44 | SIMS Abbie | | 21 | 1 |
| 47 | ROBERTS Ffion | | 29 | 2 (C&M3W 1, CARDIFF&MET 1) |
| 49 | BISLAND Martha | | 20 | 0 |
| 54 | PHILLIPS Sian | | 21 | 2 (C&M2W 1, C&M3W 1) |
| 55 | JOY Antonia | | 19 | 1 |
| 55 | OVERTON Debbie | | 23 | 1 |
| 56 | BRAGG Emma | | 20 | 0 |
| 57 | LEWIS Emma | | 22 | 1 |
| 58 | OWEN Catlin | | 25 | 1 |
| 60 | CANN Emily | | 23 | 3 (CARDIFF&MET 1, CARDIFFU 2) |
| 61 | EVANS Katie | | 19 | 0 |
| 67 | DAVIES Alice | | 28 | 0 |
| 95 | STUBBS Kate | | 24 | 0 |
| 97 | PAULSON Mari | | 16 | 0 |
| 100 | PATTERSON Sara | | 19 | 2 (C&M3W 1, CARDIFF&MET 1) |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 30-03-2019

Team Staff

| Role | Name |
|--------------|-------------------|
| Team Manager | LOWE Daisy |
| Team Manager | HALL Ross |
| Head Coach | DINNIE Aif |

Team Colours

| | |
|-----------|-------------------|
| Shirts | Pale Blue Black |
| Skirts | Black |
| Socks | Pale Blue Black |
| GK Shirts | Yellow Green |

Technical Delegate: TAYLOR John (WAL)

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Team Details Llandysul

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|----------------------------|---------------|------|------|
| 1 | IFANS Lleucu (GK) | | 19 | 2 |
| 2 | EVANS Gwenan | | 23 | 2 |
| 4 | DAVIES Kelly | | 34 | 2 |
| 6 | AYERS Gwyneth | | 40 | 3 |
| 7 | DAVIES Michelle (C) | | 25 | 3 |
| 9 | DAVIES Emma | | 28 | 3 |
| 11 | DAVIES Tracey | | 31 | 3 |
| 16 | DAVIES Ffion | | 23 | 2 |
| 26 | THOMAS Gwenno | | 21 | 3 |
| 28 | WILLIAMS Elen | | 23 | 0 |
| 30 | MORGAN Erin | | 21 | 3 |
| 33 | JONES Megan | | 20 | 3 |
| 39 | LLEWELYN Crisial | | 16 | 2 |
| 65 | WILSON Caitlin | | 16 | 0 |
| 70 | JONES Emily | | 17 | 0 |
| 88 | THOMAS Mali | | 17 | 0 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 30-03-2019

Team Staff

| Role | Name |
|--------------|------------------------|
| Team Manager | DAVIES Janet |
| Head Coach | O'CONNOR Betsan |

Team Colours

| | |
|-----------|-------------------|
| Shirts | Yellow Burgundy |
| Skirts | Navy |
| Socks | Navy Burgundy |
| GK Shirts | Blue Red |

Technical Delegate: TAYLOR John (WAL)

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Team Details Newcastle Emlyn

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|------------------------------|---------------|------|------|
| 1 | JENKINS Angharad (GK) | | 25 | 2 |
| 3 | CONNELLY Samantha | | 31 | 0 |
| 4 | JONES Sioned | | 37 | 1 |
| 7 | DAVIES Mirain | | 17 | 1 |
| 8 | DAVIES Enfys | | 41 | 2 |
| 9 | DAVIES Sioned | | 13 | 2 |
| 11 | GATEHOUSE Beca | | 29 | 2 |
| 12 | WILLIAMS Melanie | | 39 | 2 |
| 13 | PHILLIPS Sioned | | 17 | 1 |
| 15 | DAVIES Ffion | | 16 | 2 |
| 18 | DAVIES Nia | | 26 | 1 |
| 20 | HUBBARD Lowri (C) | | 29 | 2 |
| 21 | DAVIES Hawys | | 18 | 2 |
| 25 | LLOYD Ellie | | 22 | 2 |
| 31 | CURRAN Hannah | | 26 | 2 |
| 32 | DAVIES Catrin | | 31 | 2 |
| 35 | LLOYD Heledd-Mai | | 17 | 2 |
| | ROWLANDS Catrin | | 21 | 0 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 30-03-2019

Team Staff

| Role | Name |
|--------------|-------------------------------|
| Team Manager | BOSTON-WILLIAMS Trefor |

Team Colours

| | |
|-----------|---------------------|
| Shirts | Black and Red |
| Skirts | Black and Red |
| Socks | Red and White Hoops |
| GK Shirts | Orange Black |

Technical Delegate: TAYLOR John (WAL)

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Team Details Whitchurch Saints Hockey Club

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|----------------------------|---------------|------|------|
| 1 | COULTER Hannah (GK) | | 17 | 1 |
| 9 | SKIRROW Catrin | | 55 | 3 |
| 22 | FENTON Catrin | | 38 | 1 |
| 35 | STONE Molly | | 17 | 1 |
| 42 | PHILLIPS Libby | | 16 | 0 |
| 49 | WAKELING Lizzie | | 47 | 3 |
| 53 | GOLDING Melanie (C) | | 28 | 1 |
| 59 | ALLEN Valerie | | 32 | 0 |
| 61 | DAFYDD Saran | | 17 | 0 |
| 73 | WATTS Moli | | 14 | 1 |
| 78 | SPITTLE Menna | | 17 | 1 |
| 79 | HAMILTON Claire | | 45 | 0 |
| 82 | HUGHES Soffi | | 17 | 0 |
| 110 | LOVETT Alice | | 35 | 0 |
| 114 | DANIELS Rebecca | | | 1 |
| 117 | RILEY Poppy | | 14 | 1 |
| 129 | BERGUM Seren | | 15 | 1 |
| 135 | HILL Fflur | | 15 | 1 |
| 141 | GILMORE Julia | | 24 | 1 |
| 151 | SMITH Victoria | | 22 | 2 |
| 161 | SMITH Elizabeth | | 17 | 1 |
| | RICHARDS Amie (GK) | | 25 | 0 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 30-03-2019

Team Staff

| Role | Name |
|--------------|-----------------------|
| Team Manager | LIVESEY Judith |
| Head Coach | FACKRELL Nick |

Team Colours

| | |
|-----------|------------------------|
| Shirts | Blue White |
| Skirts | Navy |
| Socks | Navy/White Red/White |
| GK Shirts | Black Orange |

Technical Delegate: TAYLOR John (WAL)