

2019 Women's Trophy Competition
30 Mar - 6 May 2019
CF11 9SW



Team Details Cardiff & Met

Shirt No.	Player	Date of Birth	Age*	Caps
2	HALL Nia (GK)		15	1
5	WATERS Sarah		42	1
16	STEVENSON Hope		22	2 (C&M2W)
19	CHERRINGTON Anna		22	3 (C&M2W 2, CARDIFF&MET 1)
29	THOMAS Kate		39	1 (C&M2W)
30	ROBERTS Samantha (C)		37	2 (C&M3W 1, CARDIFF&MET 1)
34	HERBERT Jo		43	2 (C&M3W 1, CARDIFF&MET 1)
36	THOMAS Suzanne		39	1
37	BENNETT Gwen		15	1
38	EVANS Catherine		34	2 (C&M3W 1, CARDIFF&MET 1)
40	STREATHER Ellie		20	0
44	SIMS Abbie		21	1
47	ROBERTS Ffion		29	2 (C&M3W 1, CARDIFF&MET 1)
49	BISLAND Martha		20	0
54	PHILLIPS Sian		21	2 (C&M2W 1, C&M3W 1)
55	JOY Antonia		19	1
55	OVERTON Debbie		23	1
56	BRAGG Emma		20	0
57	LEWIS Emma		22	1
58	OWEN Catlin		25	1
60	CANN Emily		23	3 (CARDIFF&MET 1, CARDIFFU 2)
61	EVANS Katie		19	0
67	DAVIES Alice		28	0
95	STUBBS Kate		24	0
97	PAULSON Mari		16	0
100	PATTERSON Sara		19	2 (C&M3W 1, CARDIFF&MET 1)

NB: Team lists are subject to change following the tournament briefing meeting

* As of 30-03-2019

Team Staff

Role	Name
Team Manager	LOWE Daisy
Team Manager	HALL Ross
Head Coach	DINNIE Aif

Team Colours

Shirts	Pale Blue Black
Skirts	Black
Socks	Pale Blue Black
GK Shirts	Yellow Green

Technical Delegate: TAYLOR John (WAL)

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Team Details Llandysul

Shirt No.	Player	Date of Birth	Age*	Caps
1	IFANS Lleucu (GK)		19	2
2	EVANS Gwenan		23	2
4	DAVIES Kelly		34	2
6	AYERS Gwyneth		40	3
7	DAVIES Michelle (C)		25	3
9	DAVIES Emma		28	3
11	DAVIES Tracey		31	3
16	DAVIES Ffion		23	2
26	THOMAS Gwenno		21	3
28	WILLIAMS Elen		23	0
30	MORGAN Erin		21	3
33	JONES Megan		20	3
39	LLEWELYN Crisial		16	2
65	WILSON Caitlin		16	0
70	JONES Emily		17	0
88	THOMAS Mali		17	0

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* As of 30-03-2019

Team Staff

Role	Name
Team Manager	DAVIES Janet
Head Coach	O'CONNOR Betsan

Team Colours

Shirts	Yellow Burgundy
Skirts	Navy
Socks	Navy Burgundy
GK Shirts	Blue Red

Technical Delegate: TAYLOR John (WAL)

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Team Details Newcastle Emlyn

Shirt No.	Player	Date of Birth	Age*	Caps
1	JENKINS Angharad (GK)		25	2
3	CONNELLY Samantha		31	0
4	JONES Sioned		37	1
7	DAVIES Mirain		17	1
8	DAVIES Enfys		41	2
9	DAVIES Sioned		13	2
11	GATEHOUSE Beca		29	2
12	WILLIAMS Melanie		39	2
13	PHILLIPS Sioned		17	1
15	DAVIES Ffion		16	2
18	DAVIES Nia		26	1
20	HUBBARD Lowri (C)		29	2
21	DAVIES Hawys		18	2
25	LLOYD Ellie		22	2
31	CURRAN Hannah		26	2
32	DAVIES Catrin		31	2
35	LLOYD Heledd-Mai		17	2
	ROWLANDS Catrin		21	0

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* As of 30-03-2019

Team Staff

Role	Name
Team Manager	BOSTON-WILLIAMS Trefor

Team Colours

Shirts	Black and Red
Skirts	Black and Red
Socks	Red and White Hoops
GK Shirts	Orange Black

Technical Delegate: TAYLOR John (WAL)

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Team Details Whitchurch Saints Hockey Club

Shirt No.	Player	Date of Birth	Age*	Caps
1	COULTER Hannah (GK)		17	1
9	SKIRROW Catrin		55	3
22	FENTON Catrin		38	1
35	STONE Molly		17	1
42	PHILLIPS Libby		16	0
49	WAKELING Lizzie		47	3
53	GOLDING Melanie (C)		28	1
59	ALLEN Valerie		32	0
61	DAFYDD Saran		17	0
73	WATTS Moli		14	1
78	SPITTLE Menna		17	1
79	HAMILTON Claire		45	0
82	HUGHES Soffi		17	0
110	LOVETT Alice		35	0
114	DANIELS Rebecca			1
117	RILEY Poppy		14	1
129	BERGUM Seren		15	1
135	HILL Fflur		15	1
141	GILMORE Julia		24	1
151	SMITH Victoria		22	2
161	SMITH Elizabeth		17	1
	RICHARDS Amie (GK)		25	0

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* As of 30-03-2019

Team Staff

Role	Name
Team Manager	LIVESEY Judith
Head Coach	FACKRELL Nick

Team Colours

Shirts	Blue White
Skirts	Navy
Socks	Navy/White Red/White
GK Shirts	Black Orange

Technical Delegate: TAYLOR John (WAL)