2023 - Women's Trophy

26 Mar - 30 Apr 2023

Cardiff & Swansea

Team Details Cardiff University

Shirt No.	Player	Date of Birth	Age*	Caps
24	**FERGUSON Zoe**	19 Dec 2002	20	1
25	**ELLIOT Molly**	19 Aug 2003	19	2
29	**WILLICOMBE Lydia**	21 Jun 2003	19	1
37	**JOHNSON Amelia**	**15 Apr 2001**	21	0
44	**SHAW Jemma**	11 Dec 2002	20	1
47	**LEACH Liss**	20 May 2004	18	1
52	**EVANS Olivia**	8 Dec 2000	22	0
54	**ESPLEN Floss**	3 Sep 2002	20	2
55	**WATSON Freya (GK)**	12 May 2003	19	1
58	**LAWRENCE Anastasia**	11 Aug 2003	19	2
64	**WARD Eloise**	27 May 2003	19	0
65	**DERRY Charlotte**	18 Feb 2004	19	0
67	**EVANS Abigail (C)**	**9 Apr 2003**	19	2
68	**HEMMINGS Milly**	20 Nov 2003	19	2
71	**HALL Phoebe**	19 Oct 2003	19	1
82	**UPSHALL Annabel**	6 Oct 2001	21	1
91	**CLARKE Lexie**	3 Aug 2002	20	2
93	**GARDNER Molly**	18 Feb 2002	21	2
95	**TLUSTY Charlotte**	7 Mar 2003	20	2
99	**VIVIAN Izzie**	8 Jun 2002	20	2
109	**HODDER Mia**	16 Aug 2003	19	2
112	**DAWSON Milly**	6 Sep 2001	21	0
116	**RIPPON Esther**	7 May 2003	19	1
119	**PHILLIPS Bethan**	18 Dec 2000	22	2
	BANFIELD Maddie (GK)	24 Jul 2003	19	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 26-03-2023

Team Staff

Role	Name
Team Manager	**JAMES Hannah**
Head Coach	**CARHILL Dan**

Team Colours

Shirts	Red | White
Skirts	Black
Socks	Red | White
GK Shirts	Yellow

Technical Delegate: TAYLOR John (WAL)

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Team Details Clwb Hoci Cymric

Shirt No.	Player	Date of Birth	Age*	Caps
1	**DAVIES Ffion (C,GK)**	17 Jan 1989	34	1
3	**EVANS Nia**	20 Nov 1985	37	1
5	**GOLDSMITH Bethan**	10 Nov 2000	22	5 (CHCYM 1, NHALL 4)
8	**JONES Lisa**	15 Jul 1990	32	1
10	**JONES Ffion**	19 Mar 1991	32	1
11	**SMITH Daisy**	13 Dec 1993	29	1
12	**JONES Llinos**	23 Mar 2002	21	1
21	**JONES Nanw**	14 Jun 2003	19	1
22	**LLYWELYN Mari**	20 May 1998	24	1
23	**DURRANI Lara**	6 Nov 1995	27	1
24	**LEWIS Nerys**	30 Oct 1994	28	1
25	**JAMES Catrin**	11 Mar 1989	34	0
26	**MEEK Natalie**	10 Jul 2003	19	0
30	**HARLEY Amy**	21 Oct 1989	33	1
31	**EDWARDS Catrin**	15 Sep 1980	42	0
90	**PRICE Megan**	21 Jul 1993	29	1
91	**JONES Rhiannon**	28 Sep 1995	27	2 (CHCYM 1, CardUni2 1)
93	**JONES Nia**	8 Nov 1987	35	1
94	**DAVIES Astrid**	22 May 2000	22	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 26-03-2023

Team Staff

Role	Name
Team Manager	**BARRATT Anne**

Team Colours

Shirts	Green | Black
Skirts	Black | Black
Socks	Green | Black
GK Shirts	Black | Purple

Technical Delegate: TAYLOR John (WAL)

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Team Details Penarth LHC

Shirt No.	Player	Date of Birth	Age*	Caps
1	**TOBIN Rachelle (GK)**	24 Aug 1990	32	1
2	**HARVARD Beth (GK)**	15 Sep 2002	20	1 (PENARTH)
4	**WOOLLACOTT Lucy (C)**	**11 Apr 1982**	40	1
4	**KARSERAS Shirley**	21 Jul 1975	47	2 (PENARTH 1, PENLHC 1)
6	**EVANS Debbie**	13 Oct 1969	53	2 (PENARTH 1, PENLHC 1)
8	**FARRELL Sarah**	**19 Apr 1983**	39	2 (PENARTH 1, PENLHC 1)
9	**WILLIAMS Gabby**	10 Sep 1996	26	2 (PENARTH 1, PENLHC 1)
13	**OWEN Megan**	21 Nov 1996	26	0
22	**DISLEY Louise**	20 Jan 2010	13	0
32	**HUMPHREYS Gail**	8 Mar 1967	56	2 (PENARTH 1, PENLHC 1)
34	**ALEXANDER Amy**	29 Dec 1999	23	3 (CARDMEDICS 2, PENLHC 1)
35	**ROBINSON Florence**	22 Aug 2008	14	1
36	**HASTINGS Megan**	**21 Apr 2005**	17	0
38	**NORTON Gwen**	5 Jun 2009	13	0
39	**THOMAS Mae**	**20 Apr 2005**	17	2
40	**DUNLOP Alice**	22 Feb 2000	23	1
43	**EASTERBY Soffia**	25 Feb 2007	16	0
45	**TUCKER Poppy**	16 Jun 2005	17	0
47	**SKONE Megan**	4 Sep 2004	18	1
48	**TEDDER Tegan**	23 Aug 2005	17	1
50	**EVANS Lilwen**	9 Feb 2005	18	0
52	**EVANS Alys**	**2 Apr 2003**	19	2 (PENARTH 1, PENLHC 1)
54	**MILLER Sophie**	4 Feb 2009	14	0
61	**HALL Mia**	8 Mar 2007	16	0
99	**PARTRIDGE Michelle**	13 Jun 1977	45	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 26-03-2023

Team Staff

Role	Name
Team Manager	**BIRCH Matt**
Stand-In Manager	**TEDDER Kirsten**
Head Coach	**FOREMAN Ella**

Team Colours

Shirts	Red | Navy
Skirts	Navy | Navy
Socks	Red Navy Hoops | Navy
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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2023 - Women's Trophy
26 Mar - 30 Apr 2023
Cardiff & Swansea

Team Details Whitchurch Saints Hockey Club

Shirt No.	Player	Date of Birth	Age*	Caps
2	**LENAN Kat**	31 Jan 1987	36	1
9	**SKIRROW Catrin**	15 Mar 1964	59	3
11	**DAVIS Manon**	12 Jul 2005	17	2
12	**JONES Catrin**	26 Jul 1985	37	2
17	**WAKELING Alys**	2 May 2006	16	2
21	**MCCARROLL Sylvie**	11 Nov 2007	15	2
23	**EVANS Beatrix**	1 May 2008	14	2
24	**HAMILTON Claire**	31 Aug 1973	49	0
33	**JARDINE Erin**	6 Jul 2008	14	1
37	**EDWARDS Madison (GK)**	19 Dec 2005	17	2
39	**SPITTLE Holly**	20 Dec 2006	16	1
41	**REES Lynne**	**26 Apr 1963**	59	1
44	**MARSTON Molly**	12 Sep 2007	15	1
49	**WAKELING Lizzie (C)**	4 Sep 1971	51	3
52	**REES Kathryn**	14 Jun 1994	28	2
54	**BOWKER Jenny**	6 Dec 1993	29	0
54	**WILLIAMS Erin**	20 Nov 2005	17	2
55	**THOMPSON Hannah**	3 Dec 1998	24	2
62	**POOLE Alex**	**8 Apr 2006**	16	1
75	**GEDDIS Corriander**	19 Aug 1996	26	0
82	**JONES Bethan**	17 Feb 2006	17	0
86	**CRONK Mali**	15 Feb 2006	17	2
151	**SMITH Victoria**	3 Oct 1996	26	2
158	**BOWEN Amy**	18 Aug 1985	37	2
	LINSKEY Ocean (GK)	23 Nov 2006	16	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 26-03-2023

Team Staff

Role	Name
Team Manager	**TIBBITT Fi**
Stand-In Manager	**EDWARDS Moira**
Head Coach	**JONES David**
Physiotherapist	**REES Lynne**

Team Colours

Shirts	Blue | White
Skirts	Blue | Blue
Socks	Blue | Red Hooped
GK Shirts	Purple | Black

Technical Delegate: TAYLOR John (WAL)

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