2023 - Women's Championship

2 - 29 Apr 2023

Swansea & Cardiff

Team Details Cardiff & Met 2nds

Shirt No.	Player	Date of Birth	Age*	Caps
	WATTS Meg	22 Feb 2003	20	0
	BULBRING Jamie	28 Sep 2003	19	1 (CARDIFF&MET)
	WESTGARTH Niamh	17 Mar 2001	22	1 (CARDIFF&MET)
	CAREY Meg	7 May 2004	18	2 (C&M2W 1, CARDIFF&MET 1)
	CARLTON-GREAVES Sophie	**24 Apr 2002**	20	0
	DUNNE Amy			1
	WHITE Jess	21 Jan 2002	21	1
	THOMAS Married			1
	VENNER Pip	13 Sep 2002	20	1 (CARDIFF&MET)
	ELLIS Liddy	12 Jun 1994	28	1
	BRADLEY Ella	21 Dec 2003	19	1 (CARDIFF&MET)
	WALLER Caitlin	28 Jul 2000	22	0
	HUGHES Rebecca (GK)	10 Oct 1994	28	1
	KNIGHT Dawn	29 May 1982	40	2 (C&M2W 1, CARDIFF&MET 1)
	HARRISON Lucy	18 Jan 2005	18	1
	MAYER Millie	4 Nov 2003	19	1
	WHITE Abi			1
	CHIDLEY Rebecca	7 Oct 1987	35	2
	PHILLIPS Sian (C)	25 Feb 1998	25	2 (C&M2W 1, C&M3W 1)
	JACOB Beth	28 Nov 1997	25	1
	HODGES Millie	13 Sep 2000	22	2 (C&M2W 1, CARDIFF&MET 1)
	LARKIN Maddie	20 Dec 2001	21	1
	HATCH Nic (C)	1 Oct 1981	41	3
	BEVAN Hannah			1
	KNOTT Lily (GK)	22 Jul 2002	20	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 02-04-2023

Team Staff

Role	Name
Team Manager	**ROBERTS Fran**
Stand-In Manager	**BEVAN Hannah**
Head Coach	**WOOD Tom**

Team Colours

Shirts	Blue | Black
Skirts	Black | Black
Socks	Blue | Black
GK Shirts	Green | Purple

Technical Delegate: TAYLOR John (WAL)

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Team Details Gwent

Shirt No.	Player	Date of Birth	Age*	Caps
1	**POWELL Jessica (GK)**	**8 Apr 2007**	15	1
3	**MUNDY Alice**	**7 Apr 1986**	36	3
6	**DAVEY Rosie (C)**	9 Nov 1991	31	4
7	**SIMS Abbie**	**12 Apr 1997**	25	1 (CARDIFF&MET)
10	**POULTNEY Bethany**	16 May 1994	28	5
12	**LAW Sarah**	22 Nov 1993	29	5
13	**MEREDITH Emily**	15 Jun 1979	43	5
18	**MCALLISTER Lynsey**	21 Nov 1988	34	1
22	**PATTEMORE Dee**	11 Jan 1989	34	5
23	**ROCKLIFFE-FIDLER Charley**	1 Apr 2006	17	0
24	**SMITH Sophie**	30 Jun 1999	23	1
29	**SMITH Chloe**	17 May 1995	27	5
35	**SIMS Libby**	28 Nov 2000	22	3 (C&M2W 2, GWENT 1)
43	**SOUTHWAY Izzy**	12 Jul 2000	22	1
45	**HILLIER Rachel**	26 Sep 1984	38	2
46	**HANDY Leanne**	8 Jul 1989	33	1
47	**SPENCER Dani**	29 Feb 1984	39	2 (GWENT 1, HOWARDIAN 1)
53	**HAMILTON Bess**	12 Dec 1990	32	0
66	**DAVIES Ellis**	11 Jan 1994	29	2 (GWENT 1, PENARTH 1)
67	**FARREN Grace**	23 Nov 1992	30	0
82	**MCBRIEN Rachel**	7 Sep 1996	26	0
84	**PAGINTON Rebecca**	28 Aug 1984	38	1
	HOWELLS Katie (GK)	13 Aug 2007	15	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 02-04-2023

Team Staff

Role	Name
Team Manager	**TUCKER Rhys**
Head Coach	**MARSHALL Kerry**
Physiotherapist	**JACKSON Gaynor**

Team Colours

Shirts	Orange | White
Skirts	Black | Black
Socks	Black | Orange
GK Shirts	Black | Red

Technical Delegate: TAYLOR John (WAL)

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Team Details Howardian LHC

Shirt No.	Player	Date of Birth	Age*	Caps
2	**BENN Mel (GK)**			1
3	**MOORE Robyn (C)**	17 Sep 1997	25	4 (CARDIFF&MET 2, HOWARDIAN 2)
4	**PETHERICK Annie**	**24 Apr 1977**	45	3
5	**WATERS Sarah**	30 Jul 1976	46	1 (CARDIFF&MET)
7	**FLETCHER Hollie**	14 Aug 2006	16	2
8	**BOYD Sarah**			2
9	**RICHARDS Hayley**	19 Jun 1987	35	3
10	**GANESH Serian**	5 Jun 1989	33	3
11	**HOOK Jay**	17 Nov 1974	48	2
12	**MITCHELL-WILLIAMS Dawn**	12 Jan 1985	38	3
15	**WINCH Emma**	8 May 1983	39	1
18	**FLECK Becky**	10 Feb 1963	60	2
20	**NICHOLAS Paris**	8 May 1991	31	2
21	**BADER Charlotte**	30 Dec 2000	22	1
23	**CLARKSON Elsa**	21 Jan 2004	19	0
29	**MOORE Liv**	17 Oct 1999	23	3
30	**LAMMIN Rachel**	6 Dec 1996	26	0
34	**BUTLER Ruby (GK)**	13 Nov 2006	16	2
38	**LYNHAM Kirsty**	26 Jul 1990	32	0
39	**CLARE Joanne**	4 Nov 1983	39	4 (GWENT 2, HOWARDIAN 2)
40	**PRICE Bethan**	29 Feb 1988	35	3
41	**WILLIAMS Mari**	16 Mar 1969	54	1
45	**SALISBURY Claire**	24 Dec 1974	48	0
69	**UNDERWOOD Katie**	31 Dec 1999	23	2
83	**FUGE Cath**	8 Jan 1983	40	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 02-04-2023

Team Staff

Role	Name
Team Manager	**SINGH Jasminder**
Head Coach	**MOORE Tyrone**

Team Colours

Shirts	Black & Cerise | White & Cerise
Skirts	Black | Black
Socks	Black / Cerise / White hoops | Black / Cerise / White
GK Shirts	Yellow | Green

Technical Delegate: TAYLOR John (WAL)

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2023 - Women's Championship
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Swansea & Cardiff

HOCKEY WALES

Team Details Penarth LHC

Shirt No.	Player	Date of Birth	Age*	Caps
1	**PODMORE Amy (GK)**	15 Dec 1982	40	3 (PENARTH 1, PENLHC 2)
6	**MORGAN Georgia**	10 Nov 1995	27	2
11	**TUCKER Carys**	10 Oct 1990	32	3 (PENARTH 1, PENLHC 2)
12	**DISLEY Rachel**	25 May 1978	44	3 (PENARTH 1, PENLHC 2)
14	**WELSFORD Abi**	30 Mar 1981	42	2
15	**KIRKWOOD Jasmine**	14 Sep 1998	24	4 (CARDIFFU 2, PENLHC 2)
16	**TYLER Kate**	2 Aug 1992	30	4 (PENARTH 1, PENLHC 3)
18	**COLE Tracy**	**6 Apr 1987**	35	3 (PENARTH 1, PENLHC 2)
20	**ROPER Kathryn**	1 Aug 1986	36	2
21	**BARNES Pippa (C)**	7 Mar 1995	28	2
23	**WILCOCK Harriette**	18 Mar 1996	27	3
27	**DAVIES Lena**	25 May 2005	17	2
30	**ROBINSON Jemima**	23 May 2005	17	2 (CARDIFF&MET 1, PENLHC 1)
33	**GRABHAM Ella-Rose**	25 Feb 2008	15	2 (PENLHC 1, SWANSEAHC 1)
37	**BUSHNELL Millicent**	28 Jan 1998	25	8 (CARDIFFU 5, PENLHC 3)
61	**HALL Mia**	8 Mar 2007	16	0
88	**PARTRIDGE Amy (GK)**	**8 Apr 2008**	14	0
	DAVIES Cerys	17 Jul 1997	25	0
	MURCHINGTON Jemma (GK)	7 Aug 1983	39	1 (PENARTH)
	EASTERBY Soffia	25 Feb 2007	16	0
	BUNTING Alice	4 Sep 1997	25	1
	BATES Lottie (C)	27 Sep 1998	24	5 (CARDIFFU 4, PENLHC 1)
	CAUNT Fran	8 Jun 1981	41	4 (CARDIFF&MET 2, PENLHC 2)
	NICHOLLS Chloe	14 Jun 1997	25	7 (CARDIFFU 6, PENLHC 1)
	GORDON Carys	5 Jan 1984	39	2
	TEDDER Clare	23 Aug 2005	17	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 02-04-2023

Team Staff

Role	Name
Team Manager	**RILEY Louise**
Head Coach	**TOMOS Dafydd**
Assistant Coach	**GORDON Carys**
Physiotherapist	**FACKRELL Nick**

Team Colours

Shirts	Red | Navy
Skirts	Navy | Navy
Socks	Red & Navy Hoops | Navy
GK Shirts	Green | Black

Technical Delegate: TAYLOR John (WAL)

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