# 2024 Women's Championship
**15 Oct - 4 May 2024**
**Various**

## Team Details Cardiff & Met 1

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 1 | **MORGAN Dan (GK)** | 17 Mar 1991 | 32 | 3 (C&M2W 2, CARDIFF&MET 1) |
| 5 | **ATKINSON Lottie** | 17 Nov 2002 | 20 | 1 |
| 7 | **BRADLEY Ella** | 21 Dec 2003 | 19 | 1 |
| 8 | **BELLIS-ELKIN Amy (C)** | 20 Oct 1991 | 31 | 2 |
| 9 | **YEOMANS Jayne (C)** | 28 May 1990 | 33 | 3 |
| 11 | **HAWKER Rhiannon** | 1 Oct 1991 | 32 | 2 |
| 12 | **ATKIN Anja** | | | 1 |
| 19 | **BULBRING Jamie** | 28 Sep 2003 | 20 | 1 |
| 20 | **CAREY Meg** | 7 May 2004 | 19 | 2 (C&M2W 1, CARDIFF&MET 1) |
| 21 | **MILDENSTEIN Alyssa** | | | 1 |
| 22 | **KEYWORTH Lucy** | 29 Feb 1996 | 27 | 1 |
| 23 | **ROBINSON Jemima** | 23 May 2005 | 18 | 2 (CARDIFF&MET 1, PENLHC 1) |
| 28 | **WESTGARTH Niamh** | 17 Mar 2001 | 22 | 1 |
| 32 | **VENNER Pip** | 13 Sep 2002 | 21 | 1 |
| 33 | **HODGES Millie** | 13 Sep 2000 | 23 | 2 (C&M2W 1, CARDIFF&MET 1) |
| 38 | **CROMPTON Lucy** | 20 Nov 2003 | 19 | 1 |
| 43 | **CHANDLER Anita** | 18 Jul 1992 | 31 | 1 |
| 220 | **KNOTT Lily (GK)** | 22 Jul 2002 | 21 | 0 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **ROBERTS Fran** |
| Head Coach | **HAWKER Luke** |
| Physiotherapist | **HOGAN Cora** |

## Team Colours

| | |
|---|---|
| Shirts | Sky Blue \| Black |
| Skirts | Black \| Black |
| Socks | Sky Blue \| Black |
| GK Shirts | Yellow \| Green |

Technical Delegate: TAYLOR John (WAL)


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## Team Details Cardiff & Met 2

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

### Team Staff

| Role | Name |
|---|---|

### Team Colours

| | |
|---|---|
| Shirts | Pale Blue \| Black |
| Skirts | Black |
| Socks | Pale Blue \| Black |
| GK Shirts | Yellow \| Green |

Technical Delegate: TAYLOR John (WAL)


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## Team Details Cardiff & Met 3

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

### Team Staff

| Role | Name |
|---|---|

### Team Colours

| | |
|---|---|
| Shirts | Pale Blue \| Black |
| Skirts | Black |
| Socks | Pale Blue \| Black |
| GK Shirts | Yellow \| Green |


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## Team Details Cardiff University 1

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

### Team Staff

| Role | Name |
|---|---|

### Team Colours

| | |
|---|---|
| Shirts | Red \| White |
| Skirts | Black \| Black |
| Socks | Red \| White |
| GK Shirts | Black \| Pink |

Technical Delegate: TAYLOR John (WAL)


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## Team Details Cardiff University 2

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| | **BUTLER-FELTON Flo** | | | 0 |
| | **JONES Emma** | | | 0 |
| | **JOHNSON Catherine** | | | 0 |
| | **DENHAM Emily** | 12 Apr 2003 | 20 | 0 |
| | **MILLER Sian** | | | 0 |
| | **FAULKNER Beth** | | | 0 |
| | **MCILVEEN Kathy** | | | 0 |
| | **REID Abigail** | 22 Jun 2004 | 19 | 0 |
| | **PAYNE Elizabeth** | | | 0 |
| | **WELLINGS Charlotte** | | | 0 |
| | **WHITTLESTONE Connie** | | | 0 |
| | **GOODGE Teona** | | | 0 |
| | **BOULTER Orla** | | | 0 |
| | **TANNER Amelia** | | | 0 |
| | **MCEWEN Cara** | | | 0 |
| | **WILLIAMS Georgia** | | | 0 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

### Team Staff

| Role | Name |
|---|---|

### Team Colours

| | |
|---|---|
| Shirts | Red \| White |
| Skirts | Black \| Black |
| Socks | Red \| White |
| GK Shirts | Black \| Pink |

Technical Delegate: TAYLOR John (WAL)


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## Team Details Carmarthen HC 1

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

### Team Staff

| Role | Name |
|---|---|

### Team Colours

| | |
|---|---|
| Shirts | Black \| Red |
| Skirts | Black |
| Socks | Black \| Red |
| GK Shirts | Blue \| Green |

Technical Delegate: TAYLOR John (WAL)


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## Team Details Gwent 1

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

### Team Staff

| Role | Name |
|---|---|

### Team Colours

| | |
|---|---|
| Shirts | Orange \| White |
| Skirts | Black \| Black |
| Socks | Black \| Orange |
| GK Shirts | Black \| Red |


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## Team Details Gwent 2

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

### Team Staff

| Role | Name |
|---|---|

### Team Colours

| | |
|---|---|
| Shirts | Orange \| White |
| Skirts | Black \| Black |
| Socks | Black \| Orange |
| GK Shirts | Black \| Red |


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## Team Details Howardian LHC 1

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 3 | **MOORE Robyn (C)** | 17 Sep 1997 | 26 | 4 (CARDIFF&MET 2, HOWARDIAN 2) |
| 4 | **PETHERICK Annie** | 24 Apr 1977 | 46 | 3 |
| 7 | **FLETCHER Hollie** | 14 Aug 2006 | 17 | 2 |
| 9 | **RICHARDS Hayley** | 19 Jun 1987 | 36 | 3 |
| 10 | **GANESH Serian** | 5 Jun 1989 | 34 | 3 |
| 12 | **MITCHELL-WILLIAMS Dawn** | 12 Jan 1985 | 38 | 3 |
| 18 | **FLECK Becky** | 10 Feb 1963 | 60 | 2 |
| 20 | **NICHOLAS Paris** | 8 May 1991 | 32 | 2 |
| 29 | **MOORE Liv** | 17 Oct 1999 | 23 | 3 |
| 39 | **CLARE Joanne** | 4 Nov 1983 | 39 | 4 (GWENT 2, HOWARDIAN 2) |
| 40 | **PRICE Bethan** | 29 Feb 1988 | 35 | 3 |
| 69 | **UNDERWOOD Katie** | 31 Dec 1999 | 23 | 2 |
| 83 | **FUGE Cath** | 8 Jan 1983 | 40 | 2 |
| | **RICHARDSON Rebecca** | | | 0 |
| | **HOOK Janet** | | | 0 |
| | **ROBINSON Ellie** | | | 0 |
| | **HARRIES Charlotte** | 8 Mar 1994 | 29 | 0 |
| | **BUTLER Ruby (GK)** | 13 Nov 2006 | 16 | 2 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

## Team Staff

| Role | Name |
|---|---|

## Team Colours

| | |
|---|---|
| Shirts | Black & Cerise \| White & Cerise |
| Skirts | Black \| Black |
| Socks | Black / Cerise / White hoops \| Black / Cerise / White |
| GK Shirts | Yellow \| Green |

Technical Delegate: TAYLOR John (WAL)


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## Team Details Penarth LHC 1

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 4 | **HIRD Caragh (GK)** | | | 1 |
| 7 | **BATES Lottie (C)** | 27 Sep 1998 | 25 | 5 (CARDIFFU 4, PENLHC 1) |
| 14 | **MCKANE Claire** | 26 Mar 2001 | 22 | 0 |
| 15 | **THOMAS Hebe** | | | 0 |
| 16 | **TYLER Kate** | 2 Aug 1992 | 31 | 4 (PENARTH 1, PENLHC 3) |
| 19 | **GORDON Carys** | 5 Jan 1984 | 39 | 2 |
| 21 | **BARNES Pippa (C)** | 7 Mar 1995 | 28 | 2 |
| 22 | **THOMAS Mae** | 20 Apr 2005 | 18 | 2 |
| 23 | **WILCOCK Harriette** | 18 Mar 1996 | 27 | 3 |
| 24 | **CAUNT Fran** | 8 Jun 1981 | 42 | 4 (CARDIFF&MET 2, PENLHC 2) |
| 27 | **DAVIES Lena** | 25 May 2005 | 18 | 2 |
| 28 | **RICHARDS Menai** | 9 Feb 1997 | 26 | 3 (PENLHC 1, SWANSEAUNI 2) |
| 29 | **WILDE Naomi** | 20 Jun 2002 | 21 | 1 |
| 37 | **BUSHNELL Millicent** | 28 Jan 1998 | 25 | 8 (CARDIFFU 5, PENLHC 3) |
| 62 | **HADLEY Freya** | 9 Apr 2009 | 14 | 0 |
| 99 | **GILDER Lucy** | | | 0 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **PARTRIDGE Michelle** |
| Stand-In Manager | **FACKRELL Nick** |
| Stand-In Manager | **TEDDER Kirsten** |
| Head Coach | **TOMOS Dafydd** |

## Team Colours

| | |
|---|---|
| Shirts | Red \| Navy |
| Skirts | Navy \| Navy |
| Socks | Red & Navy Hoops \| Navy |
| GK Shirts | Green \| Black |

Technical Delegate: TAYLOR John (WAL)


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## Team Details Penarth LHC 2

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 2 | **DAVIES Naomi** | 5 May 1994 | 29 | 0 |
| 8 | **MCKANE Claire** | 26 Mar 2001 | 22 | 0 |
| 13 | **TEDDER Kirsten** | 11 Nov 1969 | 53 | 1 (PENARTH) |
| 14 | **JAMES Medi** | 24 Apr 1981 | 42 | 0 |
| 22 | **DISLEY Louise** | 20 Jan 2010 | 13 | 0 |
| 24 | **HADLEY Freya** | 9 Apr 2009 | 14 | 0 |
| 35 | **ROBINSON Florence** | 22 Aug 2008 | 15 | 1 |
| 36 | **HASTINGS Megan** | 21 Apr 2005 | 18 | 0 |
| 38 | **NORTON Gwen** | 5 Jun 2009 | 14 | 0 |
| 39 | **THOMAS Mae** | 20 Apr 2005 | 18 | 2 |
| | **HIRD Caragh** | | | 1 |
| | **WILSON Beth** | 8 May 1984 | 39 | 0 |
| | **COSBY Nia** | 14 Sep 2007 | 16 | 0 |
| | **O'FLAHERTY Kate** | 9 Mar 2008 | 15 | 0 |
| | **EVANS Alys** | 3 Jul 2008 | 15 | 0 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

## Team Staff

| Role | Name |
|---|---|
| Stand-In Manager | **TEDDER Kirsten** |

## Team Colours

| | |
|---|---|
| Shirts | Red \| Navy |
| Skirts | Navy \| Navy |
| Socks | Red & Navy Hoops \| Navy |
| GK Shirts | Green \| Black |

Technical Delegate: TAYLOR John (WAL)


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## Team Details Swansea HC 1

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 1 | **JACKSON Ella (C,GK)** | 30 May 1995 | 28 | 1 |
| 2 | **BOWE Ruth** | 12 Jan 1995 | 28 | 1 |
| 3 | **WISEMAN Lucy** | | | 1 |
| 4 | **JONES Rosie** | 25 May 2006 | 17 | 1 |
| 5 | **POTTS Connie** | | | 1 |
| 6 | **BROWN Amy** | 31 Oct 1999 | 23 | 3 (CARDIFFU 2, SWANSEAHC 1) |
| 8 | **BARKER Harriet** | 23 Sep 1998 | 25 | 3 (SWANSEAHC 1, SWANSEAUNI 2) |
| 9 | **RODERICK Iona** | 25 Sep 2006 | 17 | 1 |
| 10 | **GRABHAM Ella-Rose** | 25 Feb 2008 | 15 | 2 (PENLHC 1, SWANSEAHC 1) |
| 11 | **SLOANE-LUCAS Sarah** | 16 Mar 1986 | 37 | 1 |
| 12 | **ATKINS Tiggy** | 7 May 2004 | 19 | 1 |
| 15 | **GALLAGHER Fleur** | 6 Apr 2002 | 21 | 1 |
| 17 | **FOREY Olivia** | 5 Jan 2007 | 16 | 1 |
| 21 | **BEAN Seren** | 6 Dec 2006 | 16 | 1 |
| 22 | **COLLIER Bethan (C)** | 13 Apr 2001 | 22 | 1 |
| 25 | **STRANSOM Esme** | 11 May 2007 | 16 | 1 |
| 40 | **DIAMOND Grace (GK)** | 5 Jul 2006 | 17 | 0 |
| 40 | **OSWIN-HERITAGE Orla** | 24 Aug 2007 | 16 | 1 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **FOREY Jonathan** |
| Head Coach | **SAMAK Mo** |
| Assistant Coach | **MARSHALL Lee** |

## Team Colours

| | |
|---|---|
| Shirts | White/Orange \| Black |
| Skirts | Green \| Black |
| Socks | White \| Back |
| GK Shirts | Black \| Red |

Technical Delegate: TAYLOR John (WAL)


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## Team Details Swansea HC 2

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| | **DIAMOND Grace** | 5 Jul 2006 | 17 | 0 |
| | **RICHARDS Amie** | 9 Jun 1993 | 30 | 0 |
| | **HAYWOOD Emily** | 1 Nov 2004 | 18 | 0 |
| | **BINGHAM Cath** | | | 0 |
| | **EVANS Gwen** | 6 Aug 1992 | 31 | 1 (LLANDYSUL) |
| | **COOK Sophie** | | | 0 |
| | **IRVINE Katie** | | | 0 |
| | **WISEMAN Lucy** | | | 1 |
| | **RODERICK Iona** | 25 Sep 2006 | 17 | 1 |
| | **BRETTEL Chloe** | 12 Sep 2008 | 15 | 0 |
| | **GREENHALGH Esta** | | | 0 |
| | **FLOWERDEW Amber** | | | 0 |
| | **WADDINGTON Jess** | 10 Nov 2003 | 19 | 0 |
| | **POTTS Connie** | | | 1 |
| | **HENNESSY Carys** | 29 Nov 2006 | 16 | 0 |
| | **MELLALIEU Sadie** | 7 Jul 1986 | 37 | 0 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

## Team Staff

| Role | Name |
|---|---|

## Team Colours

| | |
|---|---|
| Shirts | White/Orange |
| Skirts | Navy |
| Socks | Orange |
| GK Shirts | Black \| Red |

Technical Delegate: TAYLOR John (WAL)


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## Team Details Swansea HC 3

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

### Team Staff

| Role | Name |
|---|---|

### Team Colours

| | |
|---|---|
| Shirts | White/Orange |
| Skirts | Navy |
| Socks | Orange |
| GK Shirts | Black \| Red |


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## Team Details Whitchurch Saints Hockey Club 1

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

### Team Staff

| Role | Name |
|---|---|

### Team Colours

| | |
|---|---|
| Shirts | Blue \| White |
| Skirts | Blue \| Blue |
| Socks | Blue \| Red Hooped |
| GK Shirts | Purple \| Black |

Technical Delegate: TAYLOR John (WAL)


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## Team Details Whitchurch Saints Hockey Club 2

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

### Team Staff

| Role | Name |
|---|---|
| Team Manager | **STROUD Vikki** |

### Team Colours

| | |
|---|---|
| Shirts | Blue \| White |
| Skirts | Blue \| Blue |
| Socks | Blue \| Red Hooped |
| GK Shirts | Purple \| Black |

Technical Delegate: TAYLOR John (WAL)


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