

Team Details Bangor City 2

Shirt No.	Player	Date of Birth	Age*	Caps
1	STOCKALL Grace (GK)		13	3
9	CULLEY Rhian		50	3
10	LONGMAN Olivia		17	1
17	MCKEAVENEY Julie		39	3
18	ROBERTS Katie		55	3
19	JOHNSON Siobhan (C)		45	3
21	BOYMAN Emily		27	1
22	FRANCIS Lara		15	1
23	HATTON-JONES Mela		13	1
24	THOMAS Meinir		58	3
30	MOSS Elliw		14	1
38	HUGHES Non		15	1
39	BROWN Holly (C)		18	2
47	OWEN Ella		17	3
52	THOMAS Nicola		34	3
61	ROBERTS Mali		17	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
Team Manager	PROUDLOVE Keith
Head Coach	CULLEY Rhys

Team Colours

Shirts	Navy / Light Blue / White Red
Skirts	Navy Navy
Socks	Navy / Light Blue Hoops Red
GK Shirts	Grey

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Team Details Bridgend Ladies 2

Shirt No.	Player	Date of Birth	Age*	Caps
	HAYMAN Lauren		36	0
	TRISCOTT Claire		43	0
	WEBB Phoebe		13	0
	RILEY Maia		57	0
	PEARCE Jessica		32	0
	SHAWCROSS Sherry		67	0
	HARRIS Holly		42	0
	JONES Maddy		14	0
	KITCHENER Angharad		34	0
	HARRISON Pauline		59	0
	SAINSBURY Bev		62	0
	COWLAND Tegan-Louise		13	0
	POUPON Jo (C)			0

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* As of 15-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	



Team Details Cardiff University 6

Shirt No.	Player	Date of Birth	Age*	Caps
	MACFARLANE Poppy		20	0
	MAYER Isabelle		21	0
	NEWMAN Zara		20	0
	WALKER Hannah		21	0
	SCHLICH Issy		19	0
	OLD Maddie		18	0
	LEAKEY Imogen		21	0
	NIXON Holly		20	0
	ROGERS Elsa		20	0
	LONG Rhiannah		20	0
	SMITH Chloe (C)		21	1
	MIDDLEMISS Lara		20	0
	ALLWOOD-HASLAM Ellen (GK)		21	1
	WERGAN Juliette (C)		21	0

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* As of 15-10-2023

Team Staff

Rol	Name	
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Team Colours

Shirts	Red White
Skirts	Black Black
Socks	Red White
GK Shirts	Black Pink

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Team Details Cowbridge HC 1

Shirt No.	Player	Date of Birth	Age*	Caps
	HAMMETT Georgia		17	0
	SMART Imogen		14	0
	MACPHAIL Caitlin		17	0
	JONES Megan		14	0
	PENKETH Serian		15	0
	LUCAS Joanna		49	0
	PUGHE Isabella		15	0
	TREHARNE Katy		16	0
	SMALE Isobel		16	0
	DAVIES Mabli (C)		17	0
	BUICK Camellia		14	0
	ISLES Hannah		16	0
	JONES Jane		43	0
	VAUGHAN Elodie		15	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name	
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Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	

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Team Details Fishguard & Goodwick HC 1

Shirt No.	Player	Date of Birth	Age*	Caps
1	PRICE Ffion (GK)		25	1
2	ROUSE Chloe		18	1
3	HARRIES Kira		14	1
5	LERWILL Thea		17	1
6	JAMES Carys (C)		25	1
7	HULL Alannah		14	1
8	JONES Cerys		24	1
9	COLELLA Nia		22	1
11	EVANS Efa		14	1
12	DELANEY Ellen		19	1
14	MEANEY Jasmine		23	1
15	NICHOLAS Megan		13	1
16	WILLIAMS Mari		13	1
17	RAYMOND Isabel		13	1
18	DAVIES Lleucu		14	1
22	MURPHY Jodie (C)		30	1
	DAVIES Sophie		27	0
	NOOTT Phoebe		19	0

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* As of 15-10-2023

Team Staff

Role	Name
Team Manager	MORRIS Gethin
Head Coach	CODD Robert
Physiotherapist	EVANS Caitlin

Team Colours

Shirts	Royal Blue
Skirts	Navy Blue
Socks	Royal Blue
GK Shirts	

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Team Details Gwent 4

Shirt No.	Player	Date of Birth	Age*	Caps
	HUMPHREYS Bryony		15	0
	HUMPHREYS Tiggy		13	0
	WALKER Lois		15	0
	WILLIAMS Gwen		14	0
	HURFORD Rachel		61	0
	PARRY Meredith		15	0
	PAYNE Amelie		15	0
	GRIFFITHS Samantha		28	0
	PRIDDLE Emily		13	0
	GOUGH Erin		30	1 (CARDIFF&MET)
	WHEELER Danielle		33	0
	WAKEFIELD Jade		33	0
	PHILLIPS Frances (GK)		31	0
	VINCENT Sarah (C)		32	1

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* As of 15-10-2023

Team Staff

Role	Name	
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Team Colours

Shirts	Orange White
Skirts	Black Black
Socks	Black Orange
GK Shirts	Black Red

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Team Details Northop Hall Dev.

Shirt No. Player	Date of Birth	Age*	Caps
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* As of 15-10-2023

Team Staff

Role Name

Team Colours

Shirts	Royal Blue / White Orange
Skirts	Navy
Socks	Royal Blue / White Orange
GK Shirts	Yellow Black

Technical Delegate: TAYLOR John (WAL)



Team Details Risca Hockey Club 2

Shirt No.	Player	Date of Birth	Age*	Caps
8	HYDE Lydia		23	1
16	FOWLER Sian		15	1
33	MORRIS Jenny		27	1
36	AXFORD Grace		16	1
42	EVERSON-BAKER Amelia		15	1
49	WILLIAMS Bethan		30	1
54	JENKINSON Ava		15	1
56	MORRIS Rebecca (C)		23	1
	PRICE Chloe		28	0
	SZEKELY Sydney		17	0
	HURLEY Elspeth			0
	SZEKELY Lily		15	0
	JONES Laura		25	0

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* As of 15-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Sky Blue / Navy detailing Orange / Navy & White detailing
Skirts	Navy Navy
Socks	Sky Blue Orange / White detailing
GK Shirts	Neon Green Black

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