

Team Details Bangor City 1

Shirt No.	Player	Date of Birth	Age*	Caps
1	PARRY Catrin (GK)		31	1
10	CULLEY Nia		19	3
19	ASHCROFT Nicci		46	3
20	SMITH Jacqueline		40	1
21	WILLIAMS Siwan		20	1
23	HATTON Tasha (C)		34	1
24	GALLAGHER Jenna		39	1
30	JONES Mared		22	1
38	DODD Ciara		21	1
39	EDWARDS Siwan		22	1
40	CREER Amelie		15	3
47	JEFFREY Lauren		26	3
52	EVANS Lois (C)		27	1
61	JONES Heledd		33	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name
Team Manager	CULLEY Rhian
Head Coach	MCKEAVENEY Julie

Team Colours

Shirts	Blue / Navy / White Red
Skirts	Navy Navy
Socks	Blue / Navy / Light Blue Hoops Red
GK Shirts	Grey

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Team Details Bangor University 1

Shirt No. Player	Date of Birth	Age*	Caps	ĺ
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role Name		Name
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Team Colours

Shirts	Green & Yellow Purple
Skirts	Green Black
Socks	Green
GK Shirts	Black Green



Team Details Bridgend Ladies

Shirt No.	Player	Date of Birth	Age*	Caps

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Note Name

Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	





Team Details Cardiff & Met 4

Shirt No. Player	Date of Birth	Age*	Caps	ĺ
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role Name		Name
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Team Colours

Shirts	Pale Blue Black
Skirts	Black
Socks	Pale Blue Black
GK Shirts	Yellow Green



Team Details Cardiff University 3

Shirt No.	Player	Date of Birth	Age*	Caps
25	ELLIOT Molly (C)		20	2
54	ESPLEN Floss		21	2
58	LAWRENCE Anastasia		20	2
68	HEMMINGS Milly		19	2
71	HALL Phoebe		20	1
91	CLARKE Lexie		21	2
	PARTRIDGE Zoe		18	0
	JAMES Hannah (GK)		20	0
	TEXIER Bo		18	0
	MURIEL Josephine		18	0
	TAYLOR Amy		21	0
	SLATER Esme		19	0
	WILLIAMS Eve		19	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

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Team Colours

Shirts	Red White
Skirts	Black Black
Socks	Red White
GK Shirts	Black Pink

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Team Details Cardiff University 4

	Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role Name		Name
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Team Colours

Shirts	Red White
Skirts	Black Black
Socks	Red White
GK Shirts	Black Pink



Team Details Cardiff University 5

Shirt No. Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role Name		Name
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Team Colours

Shirts	Red White
Skirts	Black Black
Socks	Red White
GK Shirts	Black Pink



Team Details Clwb Hoci Cymric 1

	Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Green Black
Skirts	Black Black
Socks	Green Black
GK Shirts	Black Purple



Team Details Dysynni HC 1

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NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name

Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	



Team Details Eirias Hockey Club 1

Shirt No.	Player	Date of Birth	Age*	Caps
1	CATTELL Kira (GK)		15	1
23	ROBERTS Daloni		15	1
27	HUGHES Martha		24	1
30	PYVES Jude		55	1
41	DEXTER-LOWE Michelle		15	1
51	ROBERTS Nansi			1
52	DEXTER-LOWE Janelle (C)		45	1
54	PAYNE Charlotte		14	1
56	PIERCE Fflur		16	1
70	JONES Effi		14	1
79	HARRISON Sophie		30	1
99	COPELAND Lily		14	1
108	THOMAS Libby		16	1
121	JONES Beca		16	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name
Team Manager	THOMAS Helen

Team Colours

Shirts	Pale Blue Burgundy
Skirts	Black Black
Socks	Pale Blue Burgundy
GK Shirts	

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Team Details Gwent 3

Shirt No.	Player	Date of Birth	Age*	Caps
82	FIELDEN Yasmin		22	0
90	HALL Isobell		23	1
91	HALL Jasmine		23	1
	WILLIAMS Sian		22	0
	RODWAY Abigail		17	0
	WALKER Lois		15	0
	CRIDDLE Erin		17	0
	LONG Bethan		26	0
	CATHERALL Amanda		32	0
	HIGGINS Rosie		28	1
	MORGAN Rosie (C)		23	0
	CRIDDLE Isabelle		13	0
	PHILLIPS Frances (GK)		31	0
	ROBERTS Menna		17	0
	CHICK Rebecca		23	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name

Team Colours

Shirts	Orange White
Skirts	Black Black
Socks	Black Orange
GK Shirts	Black Red

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Team Details Newcastle Emlyn 1

Shirt No. Player Age* Car	Shirt No.	Plaver	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Black and Red
Skirts	Black and Red
Socks	Red and White Hoops
GK Shirts	Orange Black



Team Details Northop Hall 1

Shirt No. Player Age* Car	Shirt No.	Plaver	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Royal Blue / White Orange	
Skirts	Navy	
Socks	Royal Blue / White Orange	
GK Shirts Yellow Black		

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Team Details Penarth LHC 3

Shirt No. Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role Name		Name
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Team Colours

Shirts	Red Navy	
Skirts	Navy Navy	
Socks	Red & Navy Hoops Navy	
GK Shirts Green Black		



Team Details Penarth LHC 4

Shirt No.	Player	Date of Birth	Age*	Caps
13	OWEN Megan		26	0
23	MUDGE Jackie		63	0
50	EVANS Lilwen		18	0
	BISHOP Megan		27	0
	TROTMAN Sian			0
	ROGERS Bev			0
	GREENSLADE Emma		25	0
	FRANCIS Chelsea		30	0
	HOWELLS Carleigh		17	0
	LAUGHARNE Zoe		22	0
	MANLEY Sally			0
	COSBY Justine		47	0
	EL-KHATIB Rachel		13	0
	HATTON Hannah			0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Rol	Name	
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Team Colours

Shirts	Red Navy	
Skirts	Navy Navy	
Socks	Red & Navy Hoops Navy	
GK Shirts Green Black		

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Team Details Rhondda 1

Shirt No.	Player	Date of Birth	Age*	Caps
1	MORGAN Rebecca (GK)		15	0
8	JONES Jan			0
9	PRICE Jessica		30	0
10	REES Emma			0
12	GIBONEY Louise		38	0
17	HARRIS Aimee		30	0
25	WILLIAMS Eve		15	0
34	PARTINGTON Naiya		17	0
35	DAVIES Lauren		23	0
48	GILBERT Carly		27	0
49	BUNDY Lydia		26	0
56	BROOKING Catrin (C)		28	0
57	EVANS Chloe			0
77	VINCENT Caitlyn		17	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name	
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Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	

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Team Details Rhuthun HC 1

Shirt No. Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

	Role	Name
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Team Colours

Shirts	
Skirts	
Socks	
GK Shirts	





Team Details Risca Hockey Club 1

	Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name
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Team Colours

Shirts Sky Blue / Navy detailing Orange / Navy & White detailing	
Skirts	Navy Navy
Socks	Sky Blue Orange / White detailing
GK Shirts	Neon Green Black



Team Details Whitchurch Saints Hockey Club 4

Shirt No.	Player	Date of Birth	Age*	Caps

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Blue White
Skirts	Blue Blue
Socks	Blue Red Hooped
GK Shirts	Purple Black