

2025 Senior Finals

3 May 2025
Swansea, Wales

**Team Details Aberystwyth University**

Shirt No.	Player	Date of Birth	Age*	Caps
1	HOWE Henry	15 Dec 2002	22	1
4	HAMPDEN-SMITH Tom (GK)	20 Apr 2004	21	1
6	GILFORD Thomas	22 Apr 2004	21	1
13	BARR Tomas	18 Jun 2003	21	1
14	O'REGAN Connor	19 Jan 2002	23	1
16	LEWIS William	4 Aug 2004	20	1
21	SAVAGE Thomas	28 Feb 2006	19	1
25	COLLINS Tom	21 May 2003	21	1
26	GUMMOW Ben	4 Jan 2004	21	1
29	FIANAGAN Harry	29 Jul 2006	18	1
34	SNOW Chistopher	4 Apr 2000	25	0
35	MCFEE-BELL Craig	6 Sep 2004	20	1
72	WRIGHT Bruce	13 Sep 1995	29	1
104	PICKUP James (C)	12 Jan 2004	21	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	BURGESS Lily
Team Manager	HAMPDEN-SMITH Tom

Team Colours

Shirts	Green
Shorts	Black
Socks	Red
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

2025 Senior Finals

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Team Details Bangor City

Shirt No.	Player	Date of Birth	Age*	Caps
1	PARRY Catrin (GK)	8 Mar 1992	33	1
2	HUGHES Non (GK)	6 Oct 2008	16	0
3	EDWARDS Siwan	8 May 2001	23	1
4	GRANT Abbie	20 Mar 2003	22	0
8	HATTON Tasha	2 Apr 1989	36	1
10	CULLEY Nia	16 Sep 2004	20	1
12	RADCHENKO Alla	6 May 1975	49	1
17	LOPEZ Mercedes	23 May 1996	28	1
19	ASHCROFT Nicola	31 Jul 1977	47	1
21	REES-WILLIAMS Siwan	29 May 2003	21	1
24	GALLAGHER Jenna	4 Oct 1984	40	1
32	DODD Ciara	29 Nov 2001	23	1
33	CREER Amelie	8 Jul 2008	16	1
44	FRANCIS Lara	18 Jun 2008	16	1
47	JEFFREY Lauren	16 Jan 1997	28	0
52	EVANS Lois (C)	8 Nov 1995	29	1
61	MCKEAVENEY Julie	7 Nov 1983	41	0
83	SMITH Jacqueline	24 Mar 1983	42	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	CULLEY Rhian
Head Coach	CULLEY Rhys
Assistant Coach	HATTON Nathan

Team Colours

Shirts	Blue Red
Shorts	Navy Red
Socks	Navy Red
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Bridgend Ladies

Shirt No.	Player	Date of Birth	Age*	Caps
4	PAICE Amy	25 Oct 1975	49	0
11	PRICE Bethan (GK)	29 Feb 1988	37	0
14	POUPON Jo (C)			1
15	GEDDES Melanie	2 Dec 1987	37	1
19	PEARCE Liz	19 Mar 1967	58	1
21	BEWICK Becca	4 Jan 2000	25	1
29	COOMBE Charlotte	29 Dec 1998	26	1
32	WYATT Lucinda	4 Nov 1972	52	1
33	HANCOCK Michelle	27 Jul 1976	48	1
39	HYLAND-BUCKERIDGE Lisa	20 Oct 1985	39	1
40	TRISCOTT Claire	18 Mar 1980	45	1
51	ARNOLD Lucy	27 Jul 2011	13	1
58	HILL Angharad	30 Nov 1988	36	1
64	LEWIS Harriet	1 Mar 2007	18	1
91	PEARCE Jessica	24 Aug 1991	33	1
93	HOWE Ruby	2 Feb 2010	15	1
	TWEEDLE Ruby (GK)	19 Mar 2011	14	1
	MORGAN Hayley (GK)	1 Sep 1966	58	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	RILEY Maia
Head Coach	GRIFFITHS James
Assistant Coach	SAINSBURY Bev
Physiotherapist	PRICE Bethan

Team Colours

Shirts	White Navy Blue
Shorts	Navy Navy
Socks	White Blue / White
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Cardiff & Met M1

Shirt No.	Player	Date of Birth	Age*	Caps
1	PAYNE Rhys (GK)	7 Jun 1991	33	2
2	FURLONG Rhodri	18 Oct 1995	29	1
3	WALL Ioan	28 Apr 1999	26	2
4	MILL Josh	21 Oct 2000	24	1
6	RAYMOND William	3 Nov 1998	26	1
7	FLECK Jonny	29 Sep 2000	24	1
15	DOLAN-GRAY Owain	17 Dec 1990	34	0
16	TYSON James	16 Jul 2003	21	2
20	RILEY Will	6 Apr 2000	25	2
21	PRITCHARD Jack (C)	15 Aug 1993	31	1
25	GOLDSMITH Sion	21 Jul 2004	20	1
32	BARKER Liam	30 Jan 2005	20	1
33	GEORGE Matty	24 Mar 2003	22	1
36	VIAN Louie	3 Sep 2002	22	1
45	PETTITT James	30 Sep 2004	20	1
47	SEARS Matty	10 Oct 1997	27	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	DANIELS Rebecca
Head Coach	ABDO Walid
Assistant Coach	FOSTER Matt
Physiotherapist	THOMAS Ffion

Team Colours

Shirts	Black Sky Blue
Shorts	Black White
Socks	Black Sky Blue
GK Shirts	Green Purple

Technical Delegate: TAYLOR John (WAL)

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**Team Details Cardiff & Met M3**

Shirt No.	Player	Date of Birth	Age*	Caps
1	ADAMSON Ollie (GK)	8 Nov 2005	19	1
23	MCDERMID Angus	3 Apr 2000	25	2
34	LAZAREVIC Ben	29 Jan 2005	20	1
35	TAYLOR Freddie (GK)	29 Aug 2005	19	1
40	BUCKNER-ROWLEY Jacob	2 Aug 2004	20	1
42	ROBINSON David (C)	29 Sep 2000	24	1
53	LANGSTON Duncan			2
58	DRAPER-EUSTACE Alex	9 Mar 2009	16	1
59	PHILLIPS Leo	10 Dec 2001	23	1
77	BOWEN Henry	22 Nov 2004	20	1
79	JANDU George	22 Nov 2000	24	1
81	AL SHAMAA Kinan	7 Sep 2010	14	1
87	JONES Josh	4 Mar 2009	16	1
93	WILSON Tom	27 Jan 2004	21	1
102	WARNER Edward	29 Jan 2005	20	1
104	LANE-SELLERS Alex	31 Dec 2005	19	1
109	CRESSWELL Ben	2 Aug 2004	20	1
129	YOUNG Tom	21 Oct 2004	20	1

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* As of 03-05-2025

Team Staff

Role	Name
Team Manager	RAYMOND William
Head Coach	TUDUR-EVELEIGH Will
Assistant Coach	PETTITT James

Team Colours

Shirts	Black Sky Blue
Shorts	Black White
Socks	Black Sky Blue
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Cardiff & Met W1

Shirt No.	Player	Date of Birth	Age*	Caps
2	PARTRIDGE Amy (GK)	8 Apr 2008	17	2 (CARDIFF&MET 1, PENLHC 1)
5	BARNES Millie	14 Feb 2000	25	1
7	BRADLEY Ella	21 Dec 2003	21	1
8	BARKER Harriet	23 Sep 1998	26	1
9	YEOMANS Jayne (C)	28 May 1990	34	1
10	BURTON Amy	30 Aug 1995	29	1
13	WESTGARTH Niamh	17 Mar 2001	24	1
14	LAITY Eloise			2 (CARDIFF&MET 1, WAL 1)
16	WATERS Tegan	2 May 2002	23	1
17	KNIGHT Dawn	29 May 1982	42	1
18	HULCUP Molly	24 Jan 2006	19	1
19	BULBRING Jamie			1
25	HAMILTON-TOOMBS Alana	2 Jul 2003	21	1
27	BUTLER Ruby (GK)	13 Nov 2006	18	2 (CARDIFF&MET 1, WAL 1)
28	MCSHANE Hannah			1
32	VENNER Pip	13 Sep 2002	22	1
33	HODGES Millie	13 Sep 2000	24	1
38	CROMPTON Lucy	20 Nov 2003	21	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	ROBERTS Fran
Head Coach	HAWKER Luke
Assistant Coach	TUDUR-EVELEIGH Will
Physiotherapist	THOMAS Ffion

Team Colours

Shirts	Sky Blue Black
Shorts	Black Black
Socks	Sky Blue Black
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

2025 Senior Finals

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Swansea, Wales



Team Details Dysynni HC

Shirt No.	Player	Date of Birth	Age*	Caps
1	WILLIAMS Iwan (GK)	19 Jun 1999	25	1
2	WORTHINGTON Kai	13 Aug 2008	16	1
3	PRICE Harri	27 Nov 2009	15	1
4	GODDARD Ryan	31 Mar 1990	35	1
5	HAIG Cian	1 Mar 2010	15	1
6	FOX Jack	23 Apr 1979	46	1
9	JONES Gerallt	22 Mar 2000	25	1
12	IFFLA Edward	10 Oct 1994	30	1
13	KELSEY Sam	3 Sep 2003	21	1
14	HUGHES Rhys (C)			1
15	EYNON Joel	11 Feb 2010	15	1
16	COOPER Noah	3 Jan 2010	15	1
17	PORRETT Lucas	16 Oct 2009	15	1
18	PUGHE Spencer	18 Jan 1970	55	1
19	DAVIES Harry	24 Nov 2010	14	1
20	HADAWAY Martin	20 Feb 1967	58	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	WILLIAMS Suzanne
Head Coach	BENNETT Adrian
Head Coach	BENNETT Lynda

Team Colours

Shirts	Orange Turquoise
Shorts	Navy Black
Socks	Orange & Blue Black
GK Shirts	Black

Technical Delegate: TAYLOR John (WAL)

2025 Senior Finals**3 May 2025
Swansea, Wales****Team Details Eirias Hockey Club**

Shirt No.	Player	Date of Birth	Age*	Caps
1	CATTELL Kira (GK)	26 Jun 2008	16	1
8	WILLIAMS Lauren	18 Aug 2002	22	1
23	ROBERTS Daloni	10 Dec 2007	17	1
25	EDWARDS Daisy	10 Jun 1988	36	1
27	HUGHES Martha	25 May 1999	25	1
51	ROBERTS Nansi (C)			1
52	DEXTER-LOWE Janelle	7 Mar 1978	47	0
54	PAYNE Charlotte	25 Oct 2008	16	1
56	PIERCE Fflur	3 Oct 2007	17	1
59	GOSTAGE-NAYLOR Tamsyn	12 Aug 1982	42	1
70	JONES Effi	20 Oct 2009	15	1
72	PAYNE Ella	10 Aug 2011	13	1
78	GOSTAGE-NAYLOR Ali	8 Mar 1985	40	1
79	HARRISON Sophie	11 Aug 1993	31	1
82	ENSTON-NEWELL Steph	8 May 1996	28	1
99	COPELAND Lily	1 Mar 2009	16	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	JONES Craig
Head Coach	DEXTER-LOWE Janelle
Assistant Coach	PYVES Jude

Team Colours

Shirts	Light Blue Burgundy
Shorts	Black Black
Socks	Light Blue Burgundy
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

2025 Senior Finals
3 May 2025
Swansea, Wales



Team Details Eirias Hockey Club M1

Shirt No.	Player	Date of Birth	Age*	Caps
1	BULLOCK Finn (GK)	3 Aug 2009	15	1
2	PITMAN Oliver	31 Oct 1995	29	1
10	ALLISON Marlon	11 Nov 1998	26	1
12	CHAN Josh	7 Dec 2006	18	1
13	CHADWICK Tom	13 Jun 1993	31	1
14	SMITH Max	14 Mar 1994	31	1
20	BOYLE Terry (C)	9 Apr 1994	31	1
48	OWEN Cian	28 May 1999	25	1
58	CHAN Ethan	8 May 1988	36	1
59	NOAKES Calum	1 Dec 1997	27	1
72	SKEVINGTON Miles	2 Sep 1993	31	1
73	JANES Dave	13 Jan 1991	34	1
80	RENNIE Sam	3 May 2006	19	1
82	POWELL Ioan	18 Aug 2008	16	1
89	SANFORD Lewis	9 Mar 1993	32	1
91	WILLIAMS Ashley	24 Aug 1995	29	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	POWELL Jeff
Head Coach	CHAN Gary

Team Colours

Shirts	Maroon Blue
Shorts	Black Black
Socks	Maroon Blue
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

2025 Senior Finals
3 May 2025
Swansea, Wales



Team Details Fishguard & Goodwick HC

Shirt No.	Player	Date of Birth	Age*	Caps
1	HIDE Imogen (GK)	27 May 2011	13	0
2	PHILLIPS Sophie	30 Nov 2010	14	1
3	DAVIES Serena	26 Jul 1979	45	1
4	WILLIAMS Mari	2 Jun 2010	14	1
5	COLELLA Nia	19 Nov 2000	24	1
6	JAMES Carys (C)	22 Sep 1998	26	1
7	FIELD Alanah	19 Dec 2009	15	1
10	LERWILL Thea	10 Jul 2006	18	1
11	HARRIES Kira	22 May 2009	15	1
12	DELANEY Ellen	13 Nov 2003	21	1
13	NOOTT Phoebe	24 Nov 2003	21	1
14	JONES Cerys	17 Mar 1999	26	1
15	EVANS Efa	21 Dec 2008	16	0
16	NICHOLAS Megan	18 Feb 2010	15	1
17	RAYMOND Isabel	19 Mar 2010	15	0
18	SCRIMSHAW Megan	28 Jun 2010	14	1
22	WILLIAMS-MEANNEY Jasmine	25 Nov 1999	25	1
51	HARRIES Ffion (GK)	25 Oct 1997	27	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	MORRIS Gethin
Head Coach	CODD Robert
Assistant Coach	MURPHY Jodie

Team Colours

Shirts	Royal Blue & White
Shorts	Royal Blue
Socks	Royal Blue
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

2025 Senior Finals**3 May 2025**
Swansea, Wales**Team Details Penarth LHC**

Shirt No.	Player	Date of Birth	Age*	Caps
1	POWELL Jessica (GK)	8 Apr 2007	18	1
2	MERIDITH Carys			1
5	GILDER Lucy			1
7	BATES Lottie (C)	27 Sep 1998	26	2
10	WILDE Naomi	20 Jun 2002	22	1
14	WELSFORD Abi	30 Mar 1981	44	4 (PENLHC 2, WAL 2)
15	CAUNT Fran	8 Jun 1981	43	2
23	WILCOCK Harriette	18 Mar 1996	29	2
24	THOMAS Hebe			1
26	DENNIS Pheobe			1
27	DAVIES Lena	25 May 2005	19	1
28	RICHARDS Menai	9 Feb 1997	28	2 (PENLHC 1, WSHC 1)
35	ROBINSON Florence			1
37	BUSHNELL Millie	28 Jan 1998	27	1
39	NORTON Gwen	5 Jun 2009	15	1
43	EASTERBY Soffia	25 Feb 2007	18	2 (PENLHC 1, WAL 1)

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	TYLER Kate
Head Coach	GORDON Carys
Assistant Coach	FACKRELL Nick

Team Colours

Shirts	Red Navy
Shorts	Navy Navy
Socks	Navy/Red Hoop Navy
GK Shirts	Orange Black

Technical Delegate: TAYLOR John (WAL)

2025 Senior Finals

3 May 2025
Swansea, Wales



Team Details Swansea HC

Shirt No.	Player	Date of Birth	Age*	Caps
1	CHAPMAN Callum (C,GK)			1
4	JOSEPH Rhys	15 Dec 1996	28	1
5	TUCKER Kieran	11 Jul 2003	21	1
6	VINEY Tom	26 Apr 1985	40	1
7	FINLAYSON Jamie	5 Aug 2003	21	1
9	JOYCE Jake	19 Mar 1991	34	1
10	GRIFFITHS Rhys	4 Oct 1997	27	2
13	REES-WIGMORE Ned	20 Jan 2009	16	1
15	BONSER Stefan	4 Apr 2002	23	1
16	MIDWINTER Will	7 Nov 2002	22	1
17	CLOWES Rob	24 Feb 1993	32	1
18	BOWYER Max	16 Mar 2001	24	2
22	TURNER Ewan	4 Sep 2004	20	1
28	JOHNSON Charlie	25 Jul 2003	21	1
32	BRANDON Lucas (GK)	28 Feb 2006	19	0
33	JUDGE Tom	29 Mar 1997	28	1
35	LLOYD Ewan	22 May 2008	16	2
49	JONES Osian	10 Jun 2003	21	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	RUBERY Jon
Head Coach	CHAPMAN Callum
Assistant Coach	MCMANAMON Colm

Team Colours

Shirts	White & Green Black & Green
Shorts	Green Green
Socks	Orange Black & Orange
GK Shirts	Orange Green

Technical Delegate: TAYLOR John (WAL)