2025 Senior Finals

3 May 2025

Swansea, Wales

Team Details Aberystwyth University

Shirt No.	Player	Date of Birth	Age*	Caps
1	**HOWE Henry**	15 Dec 2002	22	1
4	**HAMPDEN-SMITH Tom (GK)**	20 Apr 2004	21	1
6	**GILFORD Thomas**	22 Apr 2004	21	1
13	**BARR Tomas**	18 Jun 2003	21	1
14	**O'REGAN Connor**	29 Jan 2002	23	1
16	**LEWIS William**	4 Aug 2004	20	1
21	**SAVAGE Thomas**	28 Feb 2006	19	1
25	**COLLINS Tom**	21 May 2003	21	1
26	**GUMMOW Ben**	4 Jan 2004	21	1
29	**FIANAGAN Harry**	29 Jul 2006	18	1
34	**SNOW Chistopher**	4 Apr 2000	25	0
35	**MCFEE-BELL Craig**	6 Sep 2004	20	1
72	**WRIGHT Bruce**	13 Sep 1995	29	1
104	**PICKUP James (C)**	12 Jan 2004	21	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**BURGESS Lily**
Team Manager	**HAMPDEN-SMITH Tom**

Team Colours

Shirts	Green
Shorts	Black
Socks	Red
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Bangor City

Shirt No.	Player	Date of Birth	Age*	Caps
1	**PARRY Catrin (GK)**	8 Mar 1992	33	2
2	**HUGHES Non (GK)**	6 Oct 2008	16	0
3	**EDWARDS Siwan**	8 May 2001	23	2
4	**GRANT Abbie**	20 Mar 2003	22	0
8	**HATTON Tasha**	2 Apr 1989	36	2
10	**CULLEY Nia**	16 Sep 2004	20	2
12	**RADCHENKO Alla**	6 May 1975	49	2
17	**LOPEZ Mercedes**	23 May 1996	28	2
19	**ASHCROFT Nicola**	31 Jul 1977	47	1
21	**REES-WILLIAMS Siwan**	29 May 2003	21	1
24	**GALLAGHER Jenna**	4 Oct 1984	40	2
32	**DODD Ciara**	29 Nov 2001	23	1
33	**CREER Amelie**	8 Jul 2008	16	1
44	**FRANCIS Lara**	18 Jun 2008	16	1
47	**JEFFREY Lauren**	16 Jan 1997	28	0
52	**EVANS Lois (C)**	8 Nov 1995	29	2
61	**MCKEAVENEY Julie**	7 Nov 1983	41	1
83	**SMITH Jacqueline**	24 Mar 1983	42	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**CULLEY Rhian**
Head Coach	**CULLEY Rhys**
Assistant Coach	**HATTON Nathan**

Team Colours

Shirts	Blue | Red
Shorts	Navy | Red
Socks	Navy | Red
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Bridgend Ladies

Shirt No.	Player	Date of Birth	Age*	Caps
4	**PAICE Amy**	25 Oct 1975	49	0
11	**PRICE Bethan (GK)**	29 Feb 1988	37	1 (HOWARDIAN)
14	**POUPON Jo (C)**			1
15	**GEDDES Melanie**	2 Dec 1987	37	1
19	**PEARCE Liz**	19 Mar 1967	58	1
21	**BEWICK Becca**	4 Jan 2000	25	1
29	**COOMBE Charlotte**	29 Dec 1998	26	1
32	**WYATT Lucinda**	4 Nov 1972	52	1
33	**HANCOCK Michelle**	27 Jul 1976	48	1
39	**HYLAND-BUCKERIDGE Lisa**	20 Oct 1985	39	1
40	**TRISCOTT Claire**	18 Mar 1980	45	1
51	**ARNOLD Lucy**	27 Jul 2011	13	1
58	**HILL Angharad**	30 Nov 1988	36	1
64	**LEWIS Harriet**	1 Mar 2007	18	1
91	**PEARCE Jessica**	24 Aug 1991	33	1
93	**HOWE Ruby**	2 Feb 2010	15	1
	TWEEDLE Ruby (GK)	19 Mar 2011	14	1
	MORGAN Hayley (GK)	1 Sep 1966	58	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**RILEY Maia**
Head Coach	**GRIFFITHS James**
Assistant Coach	**SAINSBURY Bev**
Physiotherapist	**PRICE Bethan**

Team Colours

Shirts	White | Navy Blue
Shorts	Navy | Navy
Socks	White | Blue / White
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Cardiff & Met M1

Shirt No.	Player	Date of Birth	Age*	Caps
1	**PAYNE Rhys (GK)**	7 Jun 1991	33	2
2	**FURLONG Rhodri**	18 Oct 1995	29	2
3	**WALL Ioan**	28 Apr 1999	26	2
4	**MILL Josh**	21 Oct 2000	24	1
6	**RAYMOND William**	3 Nov 1998	26	1
7	**FLECK Jonny**	29 Sep 2000	24	2
15	**DOLAN-GRAY Owain**	17 Dec 1990	34	0
16	**TYSON James**	16 Jul 2003	21	3
20	**RILEY Will**	6 Apr 2000	25	3
21	**PRITCHARD Jack (C)**	15 Aug 1993	31	2
25	**GOLDSMITH Sion**	21 Jul 2004	20	1
32	**BARKER Liam**	30 Jan 2005	20	2
33	**GEORGE Matty**	24 Mar 2003	22	1
36	**VIAN Louie**	3 Sep 2002	22	1
45	**PETTITT James**	30 Sep 2004	20	2
47	**SEARS Matty**	10 Oct 1997	27	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**DANIELS Rebecca**
Head Coach	**ABDO Walid**
Assistant Coach	**FOSTER Matt**
Physiotherapist	**THOMAS Ffion**

Team Colours

Shirts	Black | Sky Blue
Shorts	Black | White
Socks	Black | Sky Blue
GK Shirts	Green | Purple

Technical Delegate: TAYLOR John (WAL)

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Team Details Cardiff & Met M3

Shirt No.	Player	Date of Birth	Age*	Caps
1	**ADAMSON Ollie (GK)**	8 Nov 2005	19	1
23	**MCDERMID Angus**	3 Apr 2000	25	2
34	**LAZAREVIC Ben**	29 Jan 2005	20	1
35	**TAYLOR Freddie (GK)**	29 Aug 2005	19	2
40	**BUCKNER-ROWLEY Jacob**	2 Aug 2004	20	1
42	**ROBINSON David (C)**	29 Sep 2000	24	1
53	**LANGSTON Duncan**	22 Aug 1998	26	2
58	**DRAPER-EUSTACE Alex**	9 Mar 2009	16	1
59	**PHILLIPS Leo**	10 Dec 2001	23	2
77	**BOWEN Henry**	22 Nov 2004	20	1
79	**JANDU George**	22 Nov 2000	24	1
81	**AL SHAMAA Kinan**	7 Sep 2010	14	1
87	**JONES Josh**	4 Mar 2009	16	1
93	**WILSON Tom**	27 Jan 2004	21	1
102	**WARNER Edward**	29 Jan 2005	20	2
104	**LANE-SELLERS Alex**	31 Dec 2005	19	2
109	**CRESSWELL Ben**	2 Aug 2004	20	1
129	**YOUNG Tom**	21 Oct 2004	20	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**RAYMOND William**
Head Coach	**TUDUR-EVELEIGH Will**
Assistant Coach	**PETTITT James**

Team Colours

Shirts	Black | Sky Blue
Shorts	Black | White
Socks	Black | Sky Blue
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Cardiff & Met W1

Shirt No.	Player	Date of Birth	Age*	Caps
2	**PARTRIDGE Amy (GK)**	8 Apr 2008	17	3 (CARDIFF&MET 2, PENLHC 1)
5	**BARNES Millie**	14 Feb 2000	25	1
7	**BRADLEY Ella**	21 Dec 2003	21	1
8	**BARKER Harriet**	23 Sep 1998	26	1
9	**YEOMANS Jayne (C)**	28 May 1990	34	1
10	**BURTON Amy**	30 Aug 1995	29	2 (CARDIFF&MET 1, PENLHC 1)
13	**WESTGARTH Niamh**	17 Mar 2001	24	1
14	**LAITY Eloise**			2 (CARDIFF&MET 1, WAL 1)
16	**WATERS Tegan**	2 May 2002	23	1
17	**KNIGHT Dawn**	29 May 1982	42	2 (CARDIFF&MET 1, PENLHC 1)
18	**HULCUP Molly**	24 Jan 2006	19	1
19	**BULBRING Jamie**	28 Sep 2003	21	1
25	**HAMILTON-TOOMBS Alana**	2 Jul 2003	21	1
27	**BUTLER Ruby (GK)**	13 Nov 2006	18	2 (CARDIFF&MET 1, WAL 1)
28	**MCSHANE Hannah**			1
32	**VENNER Pip**	13 Sep 2002	22	1
33	**HODGES Millie**	13 Sep 2000	24	1
38	**CROMPTON Lucy**	20 Nov 2003	21	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**ROBERTS Fran**
Head Coach	**HAWKER Luke**
Assistant Coach	**TUDUR-EVELEIGH Will**
Physiotherapist	**THOMAS Ffion**

Team Colours

Shirts	Sky Blue | Black
Shorts	Black | Black
Socks	Sky Blue | Black
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Dysynni HC

Shirt No.	Player	Date of Birth	Age*	Caps
1	**WILLIAMS Iwan (GK)**	19 Jun 1999	25	1
2	**WORTHINGTON Kai**	13 Aug 2008	16	2
3	**PRICE Harri**	27 Nov 2009	15	2
4	**GODDARD Ryan**	31 Mar 1990	35	2
5	**HAIG Cian**	1 Mar 2010	15	2
6	**FOX Jack**	23 Apr 1979	46	2
9	**JONES Geraint**	22 Mar 2000	25	2
12	**IFFLA Edward**	10 Oct 1994	30	1
13	**KELSEY Sam**	3 Sep 2003	21	2
14	**HUGHES Rhys (C)**	12 May 1992	32	2
15	**EYNON Joel**	11 Feb 2010	15	1
16	**COOPER Noah**	3 Jan 2010	15	1
17	**PORRETT Lucas**	16 Oct 2009	15	1
18	**PUGHE Spencer**	18 Jan 1970	55	2
19	**DAVIES Harry**	24 Nov 2010	14	2
20	**HADAWAY Martin**	20 Feb 1967	58	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**WILLIAMS Suzanne**
Head Coach	**BENNETT Adrian**
Head Coach	**BENNETT Lynda**

Team Colours

Shirts	Orange | Turquoise
Shorts	Navy | Black
Socks	Orange & Blue | Black
GK Shirts	Black

Technical Delegate: TAYLOR John (WAL)

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Team Details Eirias Hockey Club

Shirt No.	Player	Date of Birth	Age*	Caps
1	**CATTELL Kira (GK)**	26 Jun 2008	16	1
8	**WILLIAMS Lauren**	18 Aug 2002	22	1
23	**ROBERTS Daloni**	10 Dec 2007	17	1
25	**EDWARDS Daisy**	10 Jun 1988	36	1
27	**HUGHES Martha**	25 May 1999	25	1
51	**ROBERTS Nansi (C)**			1
52	**DEXTER-LOWE Janelle**	7 Mar 1978	47	0
54	**PAYNE Charlotte**	25 Oct 2008	16	1
56	**PIERCE Fflur**	3 Oct 2007	17	1
59	**GOSTAGE-NAYLOR Tamsyn**	12 Aug 1982	42	1
70	**JONES Effi**	20 Oct 2009	15	1
72	**PAYNE Ella**	10 Aug 2011	13	1
78	**GOSTAGE-NAYLOR Ali**	8 Mar 1985	40	1
79	**HARRISON Sophie**	11 Aug 1993	31	1
82	**ENSTON-NEWELL Steph**	8 May 1996	28	1
99	**COPELAND Lily**	1 Mar 2009	16	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**JONES Craig**
Head Coach	**DEXTER-LOWE Janelle**
Assistant Coach	**PYVES Jude**

Team Colours

Shirts	Light Blue | Burgundy
Shorts	Black | Black
Socks	Light Blue | Burgundy
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Eirias Hockey Club M1

Shirt No.	Player	Date of Birth	Age*	Caps
1	**BULLOCK Finn (GK)**	3 Aug 2009	15	2
2	**PITMAN Olver**	31 Oct 1995	29	1
10	**ALLISON Marlon**	11 Nov 1998	26	1
12	**CHAN Josh**	7 Dec 2006	18	1
13	**CHADWICK Tom**	13 Jun 1993	31	1
14	**SMITH Max**	14 Mar 1994	31	1
20	**BOYLE Terry (C)**	9 Apr 1994	31	1
48	**OWEN Cian**	28 May 1999	25	1
58	**CHAN Ethan**	8 May 1988	36	1
59	**NOAKES Calum**	1 Dec 1997	27	1
72	**SKEVINGTON Miles**	2 Sep 1993	31	1
73	**JANES Dave**	13 Jan 1991	34	1
80	**RENNIE Sam**	**3 May 2006**	19	1
82	**POWELL Ioan**	18 Aug 2008	16	2
89	**SANFORD Lewis**	9 Mar 1993	32	1
91	**WILLIAMS Ashley**	24 Aug 1995	29	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**POWELL Jeff**
Head Coach	**CHAN Gary**

Team Colours

Shirts	Maroon | Blue
Shorts	Black | Black
Socks	Maroon | Blue
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Fishguard & Goodwick HC

Shirt No.	Player	Date of Birth	Age*	Caps
1	**HIDE Imogen (GK)**	27 May 2011	13	0
2	**PHILLIPS Sophie**	30 Nov 2010	14	1
3	**DAVIES Serena**	26 Jul 1979	45	1
4	**WILLIAMS Mari**	2 Jun 2010	14	1
5	**COLELLA Nia**	19 Nov 2000	24	1
6	**JAMES Carys (C)**	22 Sep 1998	26	1
7	**FIELD Alanah**	19 Dec 2009	15	1
10	**LERWILL Thea**	10 Jul 2006	18	1
11	**HARRIES Kira**	22 May 2009	15	1
12	**DELANEY Ellen**	13 Nov 2003	21	1
13	**NOOTT Phoebe**	24 Nov 2003	21	1
14	**JONES Cerys**	17 Mar 1999	26	1
15	**EVANS Efa**	21 Dec 2008	16	0
16	**NICHOLAS Megan**	18 Feb 2010	15	1
17	**RAYMOND Isabel**	19 Mar 2010	15	0
18	**SCRIMSHAW Megan**	28 Jun 2010	14	1
22	**WILLIAMS-MEANEY Jasmine**	25 Nov 1999	25	1
51	**HARRIES Ffion (GK)**	25 Oct 1997	27	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**MORRIS Gethin**
Head Coach	**CODD Robert**
Assistant Coach	**MURPHY Jodie**

Team Colours

Shirts	Royal Blue & White
Shorts	Royal Blue
Socks	Royal Blue
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Penarth LHC

Shirt No.	Player	Date of Birth	Age*	Caps
1	**POWELL Jessica (GK)**	8 Apr 2007	18	1
2	**MERIDITH Carys**			1
5	**GILDER Lucy**			1
7	**BATES Lottie (C)**	27 Sep 1998	26	3
10	**WILDE Naomi**	20 Jun 2002	22	2
14	**WELSFORD Abi**	30 Mar 1981	44	5 (PENLHC 3, WAL 2)
15	**CAUNT Fran**	8 Jun 1981	43	3
23	**WILCOCK Harriette**	18 Mar 1996	29	3
24	**THOMAS Hebe**			1
26	**DENNIS Pheobe**			2
27	**DAVIES Lena**	25 May 2005	19	2
28	**RICHARDS Menai**	9 Feb 1997	28	3 (PENLHC 2, WSHC 1)
35	**ROBINSON Florence**			2 (CARDIFF&MET 1, PENLHC 1)
37	**BUSHNELL Millie**	28 Jan 1998	27	2
39	**NORTON Gwen**	5 Jun 2009	15	1
43	**EASTERBY Soffia**	25 Feb 2007	18	2 (PENLHC 1, WAL 1)

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**TYLER Kate**
Head Coach	**GORDON Carys**
Assistant Coach	**FACKRELL Nick**

Team Colours

Shirts	Red | Navy
Shorts	Navy | Navy
Socks	Navy/Red Hoop | Navy
GK Shirts	Orange | Black

Technical Delegate: TAYLOR John (WAL)

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Team Details Swansea HC

Shirt No.	Player	Date of Birth	Age*	Caps
1	**CHAPMAN Callum (C,GK)**			1
4	**JOSEPH Rhys**	15 Dec 1996	28	1
5	**TUCKER Kieran**	11 Jul 2003	21	1
6	**VINEY Tom**	26 Apr 1985	40	1
7	**FINLAYSON Jamie**	5 Aug 2003	21	1
9	**JOYCE Jake**	19 Mar 1991	34	1
10	**GRIFFITHS Rhys**	4 Oct 1997	27	2
13	**REES-WIGMORE Ned**	20 Jan 2009	16	2
15	**BONSER Stefan**	4 Apr 2002	23	1
16	**MIDWINTER Will**	7 Nov 2002	22	1
17	**CLOWES Rob**	24 Feb 1993	32	1
18	**BOWYER Max**	16 Mar 2001	24	2
22	**TURNER Ewan**	4 Sep 2004	20	1
28	**JOHNSON Charlie**	25 Jul 2003	21	1
32	**BRANDON Lucas (GK)**	28 Feb 2006	19	0
33	**JUDGE Tom**	29 Mar 1997	28	1
35	**LLOYD Ewan**	22 May 2008	16	3
49	**JONES Osian**	10 Jun 2003	21	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 03-05-2025

Team Staff

Role	Name
Team Manager	**RUBERY Jon**
Head Coach	**CHAPMAN Callum**
Assistant Coach	**MCMANAMON Colm**

Team Colours

Shirts	White & Green | Black & Green
Shorts	Green | Green
Socks	Orange | Black & Orange
GK Shirts	Orange | Green

Technical Delegate: TAYLOR John (WAL)

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