Indoor Finals 2025/26

17 - 18 Jan 2026

Merthyr Tydfil Leisure Village Merthyr Tydfil CF48 1UT

Team Details Cardiff & Met M1

Shirt No.	Player	Date of Birth	Age*	Caps
7	**FLECK Jonny**	29 Sep 2000	25	2
15	**DOLAN-GRAY Owain**	17 Dec 1990	35	6
16	**TYSON James (C)**	16 Jul 2003	22	6
18	**PENROSE Will**	5 Dec 2000	25	2
20	**RILEY Will**	6 Apr 2000	25	4
23	**CABLE Freddie**	10 Oct 2006	19	2
24	**DICKER Matt**	30 Oct 2006	19	2
31	**ADAMSON Ollie (GK)**	8 Nov 2005	20	2
33	**GEORGE Matty**	24 Mar 2003	22	7
45	**PETTITT James**	30 Sep 2004	21	4
49	**NORWOOD Leo**	**17 Jan 2005**	21	4
51	**MABEY Freddie**	2 Oct 2006	19	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**DANIELS Rebecca**
Head Coach	**LUM Oliver**
Assistant Coach	**SEARS Matty**

Team Colours

Shirts	Black | Sky Blue
Shorts	Black | White
Socks	Black | Sky Blue
GK Shirts	Green | Purple

Technical Delegate: BREWER Chris (WAL)

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Team Details Cardiff & Met M2

Shirt No.	Player	Date of Birth	Age*	Caps
1	**AL SHAMAA Karim (GK)**	26 Dec 2008	17	4
42	**ROBINSON David**	29 Sep 2000	25	2
47	**CARNEGIE Robin**	7 Aug 2004	21	2
64	**MILLER Isaac**	26 Jun 2010	15	4
78	**EDWARDS Freddie**	23 Oct 2005	20	2
79	**JANDU George**	22 Nov 2000	25	4
81	**AL SHAMAA Kinan**	7 Sep 2010	15	4
104	**LANE-SELLERS Alex**	31 Dec 2005	20	4
129	**YOUNG Tom (C)**	21 Oct 2004	21	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**PETTITT James**

Team Colours

Shirts	Sky Blue | Black
Shorts	White | Black
Socks	Sky Blue | Black
GK Shirts	Green | Purple

Technical Delegate: BREWER Chris (WAL)

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Team Details Cardiff & Met W1

Shirt No.	Player	Date of Birth	Age*	Caps
2	**WATTS Meg**	22 Feb 2003	22	2
3	**BARNES Millie (C)**	14 Feb 2000	25	2
5	**ATKINSON Lottie (C)**	17 Nov 2002	23	4
7	**BRADLEY Ella**	21 Dec 2003	22	2
8	**BARKER Harriet**	23 Sep 1998	27	6 (CARDIFF&MET 2, SWANSEAHC 4)
11	**HAWKER Rhiannon**	1 Oct 1991	34	4
12	**ROBERTS Lily**	1 Oct 2002	23	2
19	**BULBRING Jamie**	28 Sep 2003	22	4
21	**PARTRIDGE Amy (GK)**	8 Apr 2008	17	6 (CARDIFF&MET 4, PENLHC 2)
27	**DAVIES Niamh**	24 Jun 2007	18	2
30	**HUGHES Rebecca (GK)**	10 Oct 1994	31	6
38	**CROMPTON Lucy**	20 Nov 2003	22	4

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**ROBERTS Fran**
Head Coach	**HAWKER Luke**
Assistant Coach	**TUDUR-EVELEIGH Will**
Physiotherapist	**THOMAS Ffion**

Team Colours

Shirts	Blue | Black
Shorts	Black | Blue
Socks	Blue | Black
GK Shirts	Green | Purple

Technical Delegate: BREWER Chris (WAL)

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Team Details Cardiff & Met W2

Shirt No.	Player	Date of Birth	Age*	Caps
1	**BURT Amelia (GK)**	23 Jan 2008	17	2
19	**CHERRINGTON Anna**	7 May 1996	29	2
24	**CHIDLEY Rebecca (C)**	7 Oct 1987	38	6
36	**THOMAS Suzanne**	28 May 1979	46	4
37	**SCHOLEY Carys**	3 Dec 2010	15	4
44	**WALLER Caitlin**	28 Jul 2000	25	2
51	**TURNER Olivia**	29 Dec 1995	30	4
63	**POTTER Lydia**	5 Nov 1998	27	6
81	**MARSH Abby**	26 Aug 2001	24	2
88	**SHAW Annie**	5 Sep 2008	17	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**SCHOLEY Gareth**
Head Coach	**FITZPATRICK Owen**
Assistant Coach	**HATCH Donna**

Team Colours

Shirts	Blue | Black
Shorts	Black | Blue
Socks	Blue | Black
GK Shirts	Green | Purple

Technical Delegate: BREWER Chris (WAL)

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Team Details Dowlais Ladies HC

Shirt No.	Player	Date of Birth	Age*	Caps
2	**DALEY Alicia**	6 Jul 2002	23	1
3	**PASS Becky**	5 Mar 1974	51	2
4	**ELLIS Morgan (GK)**	17 Jun 1998	27	2
5	**GREENMAN Phillipa (C)**	5 Jan 1990	36	4
9	**THOMAS Holly**	11 Dec 1997	28	4
11	**BOW Jane**	3 Oct 1975	50	4
13	**TOOMEY Zoe**	6 Nov 1992	33	2
14	**PARKER Caryn**	25 Nov 1977	48	4
22	**ROBERTS Nicola**	28 Jul 1964	61	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**PASS Katherine**
Head Coach	**SINGH Jasminder**

Team Colours

Shirts	Green/Black | Green
Shorts	Black | Green
Socks	Green/Black/Red Hoops | Green
GK Shirts	Red | Black

Technical Delegate: BREWER Chris (WAL)

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Team Details Dysynni HC

Shirt No.	Player	Date of Birth	Age*	Caps
1	**WILLIAMS Iwan (GK)**	19 Jun 1999	26	4
3	**JONES Dafydd**	27 Nov 2002	23	4
6	**BENNETT Harry**	20 Nov 1997	28	4
9	**JONES Geraint**	22 Mar 2000	25	4
10	**LANGSTON Duncan**	22 Aug 1998	27	4
11	**O'REGAN Connor**	29 Jan 2002	23	4
12	**PUGH Wil**	11 Oct 2002	23	4
14	**IFFLA Edward (C)**	10 Oct 1994	31	4
15	**KELSEY Sam**	3 Sep 2003	22	4
17	**O'REGAN Aodhan**	19 Apr 2003	22	4

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**WILLIAMS Suzanne**
Head Coach	**GODDARD Ryan**

Team Colours

Shirts	Orange | Blue
Shorts	Blue | Blue
Socks	Orange/White/Blue Hooped | Orange/White/Blue Hooped
GK Shirts	Black | Pink

Technical Delegate: BREWER Chris (WAL)

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Team Details Gwent M1

Shirt No.	Player	Date of Birth	Age*	Caps
1	**HOWELLS Dilwyn (GK)**	10 Dec 2009	16	2
7	**KERRIGAN Lewis**	22 Jul 2006	19	2
11	**Stamper Tim**	25 Mar 1977	48	2
41	**MILLER Tim (C)**	2 Dec 1977	48	6
45	**KITCHEN Jack**	7 Dec 1993	32	0
83	**HARGREAVES Tobias**	19 Jul 2009	16	4
95	**DRAPER-EUSTACE Alex**	9 Mar 2009	16	2
111	**GRIFFITHS James**	5 Apr 1991	34	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**HARGREAVES Simon**
Head Coach	**MILLER Tess**

Team Colours

Shirts	Orange | White
Shorts	Black | Black
Socks	Orange | Black
GK Shirts	Green | Purple

Technical Delegate: BREWER Chris (WAL)

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Team Details Gwent W1

Shirt No.	Player	Date of Birth	Age*	Caps
1	**WILLIAMS-ELLIS Lou (GK)**	24 Jul 1992	33	2
4	**DAVIES Cerys**	17 Jul 1997	28	2
6	**DAVEY Rosie (C)**	9 Nov 1991	34	3
8	**BATES Martha**	3 Sep 1990	35	2
9	**FAIRLESS Andrea**	9 Sep 1965	60	1
10	**POULTNEY Bethany**	16 May 1994	31	3
13	**MEREDITH Emily**	15 Jun 1979	46	2
22	**PATTEMORE Dee**	11 Jan 1989	37	0
46	**HANDY Leanne**	8 Jul 1989	36	3
70	**ASHILL Amelia**	13 Mar 2002	23	2
131	**MATTHEWS Eilidh**	25 Sep 2011	14	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**HARRIS Joanne**
Head Coach	**PATTEMORE Dee**

Team Colours

Shirts	Orange/Black | White
Shorts	Black | Black
Socks	Black | Orange
GK Shirts	Purple | Green

Technical Delegate: BREWER Chris (WAL)

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Team Details Penarth LHC

Shirt No.	Player	Date of Birth	Age*	Caps
1	**HARVARD Beth (GK)**	15 Sep 2002	23	2
6	**JAMES Medi**	24 Apr 1981	44	0
13	**TEDDER Kirsten**	11 Nov 1969	56	3
23	**MUDGE Jackie**	11 Aug 1960	65	2
24	**ROGERS Bev**	11 Apr 1961	64	2
30	**WILSON Bethan**	**18 Jan 1998**	27	2
39	**NORTON Gwen**	5 Jun 2009	16	0
44	**TROTMAN Sian (C)**	13 Jul 1961	64	2
55	**ELIAS Martha**	29 Jun 2008	17	0
63	**EL-KHATIB Rachel**	2 Sep 2010	15	2
64	**PRICE Freya**	3 Sep 2009	16	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**LEGGE Sue**

Team Colours

Shirts	Red | Navy Blue
Shorts	Navy Blue | Navy Blue
Socks	Navy/Red hoops | Navy/Red hoops
GK Shirts	Green | Yellow

Technical Delegate: BREWER Chris (WAL)

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Team Details Swansea HC M1

Shirt No.	Player	Date of Birth	Age*	Caps
1	**CHAPMAN Callum (GK)**			8
5	**TURNER Euan**	4 Sep 2004	21	6
6	**VINEY Tom**	26 Apr 1985	40	6
9	**JOYCE Jake**	19 Mar 1991	34	2
10	**GOLDING Soren**	30 Mar 2003	22	2
13	**REES-WIGMORE Ned**	20 Jan 2009	16	4
17	**MIDWINTER William**	7 Nov 2002	23	5
18	**BOWYER Max**	16 Mar 2001	24	6
33	**JUDGE Thomas (C)**	29 Mar 1997	28	4
36	**LLOYD Ewan**	22 May 2008	17	4
67	**VIAN Ted**	16 Sep 2005	20	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**TOFT Marcus**
Team Manager	**LLOYD Callum**
Head Coach	**CHAPMAN Callum**

Team Colours

Shirts	White | Black
Shorts	Green | Green
Socks	White | Black
GK Shirts	Orange | Green

Technical Delegate: BREWER Chris (WAL)

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Team Details Swansea HC M2

Shirt No.	Player	Date of Birth	Age*	Caps
1	**BRANDON Lucas (GK)**	28 Feb 2006	19	4
20	**TOFT Jacob**	27 May 2010	15	2
21	**ROSEN Harry**	2 Dec 2004	21	2
37	**LLOYD Callum**	21 Oct 2006	19	4
40	**BOWYER Matt**			2
44	**SELVESTER Joe**	1 May 2004	21	4
47	**PAINTER Gabriel**	14 Aug 2009	16	2
63	**COULSON Noah**	5 Oct 2004	21	2
69	**MOORE Alfred**	5 Aug 2000	25	6
75	**SANTIMANO Theo**	2 Oct 2008	17	2
91	**RUBERY Jon**	**17 Jan 1971**	55	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**RUBERY Jon**
Team Manager	**LLOYD Ewan**
Head Coach	**CHAPMAN Callum**

Team Colours

Shirts	White | Black
Shorts	Green | Green
Socks	White | Black
GK Shirts	Orange | Green

Technical Delegate: BREWER Chris (WAL)

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Team Details Wrexham Glyndwr

Shirt No.	Player	Date of Birth	Age*	Caps
1	**JONES Meg (GK)**	12 Apr 1996	29	2
5	**PRESTON Emily**	28 Nov 2005	20	2
9	**WHITTAKER Rhiannon**	9 Mar 1985	40	2
10	**BAINBRIDGE Helen**	27 Jan 1978	47	2
11	**ROBERTS Helen**	30 Oct 1982	43	2
13	**DATHAN Rachel**	12 Jun 1980	45	2
14	**LEWIS Jane**	7 Mar 1980	45	2
32	**ROYLE Claudia**	3 Feb 2003	22	2
59	**JONES Amy**	12 Apr 1996	29	2
62	**HENN Siobhan**	20 Oct 1983	42	1
74	**HORSLEY Eleanor**	1 Jun 2008	17	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 17-01-2026

Team Staff

Role	Name
Team Manager	**CAMPLING Cheryl**
Stand-In Manager	**BAINBRIDGE Mary**
Head Coach	**ROBINSON Mark**

Team Colours

Shirts	Black | White
Shorts	Black | Black
Socks	Red | Green
GK Shirts	Pink/Purple | Blue

Technical Delegate: BREWER Chris (WAL)

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