

**Team Details Ardudwy ac Arfon**

| Shirt No. | Player                      | Date of Birth | Age* | Caps |
|-----------|-----------------------------|---------------|------|------|
| 1         | <b>PARRY Catrin (GK)</b>    |               | 25   | 5    |
| 4         | <b>ROWLANDS Heledd</b>      |               | 27   | 8    |
| 7         | <b>SMITH Jacqueline (C)</b> |               | 34   | 8    |
| 9         | <b>ASHCROFT Nicci</b>       |               | 40   | 0    |
| 10        | <b>BARWOOD Clare</b>        |               | 25   | 8    |
| 16        | <b>JONES Mared</b>          |               | 16   | 5    |
| 17        | <b>DAVIES Cari</b>          |               | 17   | 5    |
| 34        | <b>BARRETT Rosie</b>        |               | 23   | 2    |
| 36        | <b>COOK Rachel</b>          |               | 25   | 2    |
| 38        | <b>JONES Cerys</b>          |               | 14   | 4    |
| 44        | <b>JONES Siwan</b>          |               | 14   | 5    |
| 47        | <b>JEFFREY Lauren</b>       |               | 21   | 1    |

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 27-01-2018

**Team Staff**

| Role         | Name                 |
|--------------|----------------------|
| Team Manager | <b>DAVIES Catrin</b> |

**Team Colours**

|           |                   |
|-----------|-------------------|
| Shirts    | Blue   Green/Blue |
| Skirts    | Green/Blue        |
| Socks     | Blue   Green      |
| GK Shirts | Black   Purple    |

**Team Details Dowlais Ladies HC**

| Shirt No. | Player                        | Date of Birth | Age* | Caps |
|-----------|-------------------------------|---------------|------|------|
| 1         | <b>DERHAM Michelle (GK)</b>   |               | 34   | 4    |
| 2         | <b>HUGHES Laurie</b>          |               | 34   | 12   |
| 3         | <b>THOMAS Janine</b>          |               | 46   | 13   |
| 5         | <b>LOUGHLIN Louise</b>        |               | 16   | 5    |
| 6         | <b>TYLER Kate</b>             |               | 25   | 15   |
| 9         | <b>THOMAS Holly</b>           |               | 20   | 11   |
| 10        | <b>LINNETT Charlotte (GK)</b> |               | 15   | 8    |
| 11        | <b>BOW Jane</b>               |               | 42   | 15   |
| 13        | <b>GREENMAN Phillipa (C)</b>  |               | 28   | 15   |
| 14        | <b>PARKER Caryn</b>           |               | 40   | 15   |
| 16        | <b>DURHAM Lowri</b>           |               | 16   | 4    |
| 19        | <b>TOOMEY Zoe</b>             |               | 25   | 9    |

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**Team Staff**

| Role         | Name                  |
|--------------|-----------------------|
| Team Manager | <b>TREHARNE Clive</b> |
| Head Coach   | <b>POWELL Marcus</b>  |

**Team Colours**

|           |                           |
|-----------|---------------------------|
| Shirts    | Black   Green/Black       |
| Skirts    | Black   Green/Black       |
| Socks     | Black   Green/Black Hoops |
| GK Shirts | Orange   Black            |

**Team Details Gwent**

| Shirt No. | Player                       | Date of Birth | Age* | Caps |
|-----------|------------------------------|---------------|------|------|
| 3         | <b>MUNDY Alice</b>           |               | 31   | 9    |
| 6         | <b>DAVEY Rosie (C)</b>       |               | 26   | 15   |
| 8         | <b>PHILLIPS Frances (GK)</b> |               | 25   | 8    |
| 10        | <b>POULTNEY Bethany (C)</b>  |               | 23   | 15   |
| 12        | <b>BATES Martha</b>          |               | 27   | 12   |
| 22        | <b>PATTEMORE Dee</b>         |               | 29   | 12   |
| 29        | <b>SMITH Chloe</b>           |               | 22   | 15   |
| 34        | <b>LAW Sarah</b>             |               | 24   | 13   |
| 70        | <b>ASHILL Amelia</b>         |               | 15   | 4    |
| 89        | <b>BLACKBURN Caitlin</b>     |               | 16   | 4    |

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**Team Staff**

| Role         | Name                    |
|--------------|-------------------------|
| Team Manager | <b>MEREDITH Emily</b>   |
| Head Coach   | <b>MCPHERSON Duncan</b> |

**Team Colours**

|           |                         |
|-----------|-------------------------|
| Shirts    | Black & Orange   White  |
| Skirts    | Black & Orange   Black  |
| Socks     | Black & Orange   Orange |
| GK Shirts | Purple   Yellow         |

**Team Details Howardian LHC**

| Shirt No. | Player                     | Date of Birth | Age* | Caps |
|-----------|----------------------------|---------------|------|------|
| 1         | <b>RICHARDS Emma (GK)</b>  |               | 28   | 10   |
| 3         | <b>BUTLER Katie</b>        |               | 46   | 4    |
| 4         | <b>THOMAS Maree</b>        |               | 46   | 7    |
| 5         | <b>WINCH Emma</b>          |               | 34   | 4    |
| 6         | <b>BROWN Sophia</b>        |               | 27   | 4    |
| 7         | <b>PETHERICK Annie (C)</b> |               | 40   | 10   |
| 8         | <b>MOORE Liv</b>           |               | 18   | 10   |
| 9         | <b>FLECK Becky</b>         |               | 54   | 10   |
| 10        | <b>ROBBINS Charlie</b>     |               | 28   | 4    |
| 11        | <b>GANESH Serian</b>       |               | 28   | 10   |
| 13        | <b>RAFFERTY Elise</b>      |               | 33   | 4    |
| 14        | <b>WILLIAMS Tryphena</b>   |               | 29   | 7    |

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**Team Staff**

| Role             | Name                   |
|------------------|------------------------|
| Team Manager     | <b>RICHARDS Hayley</b> |
| Stand-In Manager | <b>BOW Tracey</b>      |
| Head Coach       | <b>MOORE Tyrone</b>    |

**Team Colours**

|           |                             |
|-----------|-----------------------------|
| Shirts    | Black   White               |
| Skirts    | Black   Black               |
| Socks     | Black/Cerise   White/Cerise |
| GK Shirts | Green   Black               |

**Team Details Penarth HC**

| Shirt No. | Player                   | Date of Birth | Age* | Caps |
|-----------|--------------------------|---------------|------|------|
| 1         | <b>PODMORE Amy (GK)</b>  |               | 35   | 5    |
| 2         | <b>DAVIES Naomi</b>      |               | 23   | 6    |
| 4         | <b>JOHN Rachel (C)</b>   |               | 27   | 9    |
| 5         | <b>CLAYTON Emma</b>      |               | 24   | 5    |
| 6         | <b>CAPLE Natalie</b>     |               | 23   | 6    |
| 7         | <b>EDWARDS Naomi (C)</b> |               | 34   | 9    |
| 9         | <b>MURCHINGTON Jemma</b> |               | 34   | 2    |
| 17        | <b>JORDAN Chloe</b>      |               | 17   | 1    |
| 19        | <b>NORTH Sophie</b>      |               | 23   | 5    |
| 21        | <b>WILSON Penny</b>      |               | 31   | 5    |
| 32        | <b>OWENS Bethan</b>      |               | 33   | 2    |

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**Team Staff**

| Role         | Name                |
|--------------|---------------------|
| Team Manager | <b>TOMOS Dafydd</b> |

**Team Colours**

|           |                       |
|-----------|-----------------------|
| Shirts    | Red   Navy            |
| Skirts    | Navy   Navy           |
| Socks     | Red/Navy Hoops   Navy |
| GK Shirts | Black   Yellow        |

**Team Details Whitchurch Saints Hockey Club**

| Shirt No. | Player                    | Date of Birth | Age* | Caps                |
|-----------|---------------------------|---------------|------|---------------------|
| 1         | <b>DAGLEY Maddie (GK)</b> |               | 22   | 6                   |
| 2         | <b>HORRELL Ffion (GK)</b> |               | 15   | 6 (GWENT 4, WSHC 2) |
| 3         | <b>EVANS Rhi (C)</b>      |               | 28   | 8                   |
| 5         | <b>LONG Amy</b>           |               | 22   | 15                  |
| 8         | <b>BROOK Amy</b>          |               | 24   | 12                  |
| 10        | <b>LAXTON Liv</b>         |               | 23   | 11                  |
| 12        | <b>STROUD Vikki</b>       |               | 37   | 15                  |
| 13        | <b>KEMPA Emily</b>        |               | 27   | 11                  |
| 15        | <b>HUNTER Katherine</b>   |               | 28   | 13                  |
| 60        | <b>CLARKE Caitlin</b>     |               | 17   | 4                   |
| 71        | <b>GORMAN Sophie</b>      |               | 15   | 4                   |
| 94        | <b>HEBDITCH Catherine</b> |               | 21   | 4                   |

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**Team Staff**

| Role            | Name                  |
|-----------------|-----------------------|
| Team Manager    | <b>TIBBITT Fi</b>     |
| Head Coach      | <b>WILKINSON Phil</b> |
| Assistant Coach | <b>FACKRELL Nick</b>  |

**Team Colours**

|           |                        |
|-----------|------------------------|
| Shirts    | Navy/Blue   White/Grey |
| Skirts    | Navy   Navy            |
| Socks     | Blue/White   Red/White |
| GK Shirts | Green   Yellow         |