

### Team Details Bangor University

Shirt No.	Player	Date of Birth	Age*	Caps
4	<b>WARD Holly</b>		20	2
5	<b>KENNY Heidi (C,GK)</b>		20	2
6	<b>BULLARD Holly</b>		22	0
9	<b>JONES Alice</b>		22	1
12	<b>WOODRUFF Megan</b>		21	2
15	<b>GOUDIE Jess</b>		22	1
18	<b>WHARTON Meghan</b>		22	1
19	<b>OLIVER Katherine</b>		20	2
21	<b>MAGGS Sophie</b>		23	2
22	<b>HACKETT Celina</b>		20	2
23	<b>DOUGLAS Marie</b>		20	2
41	<b>KHOSAH Sasha</b>		18	2
50	<b>HERVIEU Eleanor</b>		19	2
53	<b>CARROLL Abbey</b>		20	2
57	<b>PEARSON Alex</b>		19	0

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 18-03-2018

### Team Staff

Role	Name
Team Manager	<b>WOODRUFF Simon</b>
Head Coach	<b>BUTTERWORTH Arran</b>

### Team Colours

Shirts	Green & Yellow   Purple
Skirts	Green   Black
Socks	Green
GK Shirts	Black   Green

### Team Details Cardiff & Met 2nds

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>MORGAN Dan (GK)</b>		27	3 (C&M2W 2, CARDIFF&MET 1)
2	<b>MCARTHUR Abby</b>			2
3	<b>HATCH Nic (C)</b>		36	3
11	<b>SUMMERFIELD Kate (GK)</b>		21	1
12	<b>CALDWELL Ella</b>		22	0
16	<b>STEVENSON Hope</b>		21	2
17	<b>KNIGHT Dawn</b>		35	2 (C&M2W 1, CARDIFF&MET 1)
19	<b>CHERRINGTON Anna</b>		21	3 (C&M2W 2, CARDIFF&MET 1)
21	<b>GRIFFITHS Abi</b>		20	3 (C&M2W 2, CARDIFF&MET 1)
23	<b>BUTLER Nell</b>		16	3 (C&M2W 1, CARDIFF&MET 2)
24	<b>CHIDLEY Rebecca</b>		30	2
29	<b>THOMAS Kate</b>		38	1
33	<b>HUNTER Rosie</b>		20	2
38	<b>HIRST Jess</b>		19	1 (CARDIFF&MET)
38	<b>HIGHAM Georgia</b>		19	1
40	<b>HODSON Katie</b>		21	2
43	<b>ROSEWARNE Sian</b>		20	3 (C&M2W 2, CARDIFF&MET 1)
50	<b>WATERS Tegan</b>		15	2
70	<b>TAYLOR Lucy</b>		26	2
79	<b>SEDGEBEER Sophie</b>		15	2
79	<b>OVERTON Debbie</b>		22	1 (CARDIFF&MET)
95	<b>STUBBS Kate</b>		23	0
96	<b>LOWE Daisy</b>		20	2
97	<b>PAULSON Mari</b>		15	0
98	<b>SIMS Libby</b>		17	3 (C&M2W 2, GWENT 1)

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### Team Staff

Role	Name
Team Manager	<b>HUGHES Demi</b>
Head Coach	<b>DINNIE Alf</b>
Physiotherapist	<b>THOMAS Kate</b>

### Team Colours

Shirts	Sky Blue   Black
Skirts	Black   Black
Socks	Sky Blue   Black
GK Shirts	Black   Yellow

Team Details Cardiff & Met 3rds

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>TAYLOR Hannah (GK)</b>		19	1
6	<b>THOMAS Suzanne</b>		38	1 (CARDIFF&MET)
7	<b>FLYNN Grace</b>		20	1
10	<b>WILLIAMS Hilary</b>			0
14	<b>HOOPER Avril</b>		51	0
15	<b>PHILLIPS Sian</b>		20	2 (C&M2W 1, C&M3W 1)
30	<b>ROBERTS Samantha</b>		36	2 (C&M3W 1, CARDIFF&MET 1)
35	<b>MUDGE Jackie</b>		57	0
38	<b>EVANS Catherine</b>		33	2 (C&M3W 1, CARDIFF&MET 1)
42	<b>JONES Nia (C)</b>		30	1 (CHCYM)
46	<b>DAVIES Kelly</b>		31	0
47	<b>ROBERTS Ffion</b>		28	2 (C&M3W 1, CARDIFF&MET 1)
51	<b>HERBERT Jo</b>		42	2 (C&M3W 1, CARDIFF&MET 1)
52	<b>OWEN Elin</b>		24	1
55	<b>CARRINGTON Elin</b>		29	0
57	<b>GRIFFITHS Caitlin</b>		24	1
63	<b>SMALLBONE Willow</b>		28	0
63	<b>DAVIES Alice</b>		27	0
73	<b>MEREDITH Cerys</b>		19	1
90	<b>GALVIN Rihanna</b>		19	0
99	<b>BEGGEN Katey</b>		23	1
100	<b>PATTERSON Sara</b>		18	2 (C&M3W 1, CARDIFF&MET 1)
101	<b>TAYLOR Sophie</b>		28	0
103	<b>TYLER Emily</b>		29	0
111	<b>POULSON Mari</b>		15	0

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Team Staff

Role	Name
Team Manager	<b>WATERS Sarah</b>
Head Coach	<b>JONES Nia</b>

Team Colours

Shirts	Light Blue   Black
Skirts	Black   Black
Socks	Light Blue   Black
GK Shirts	Dark Blue   Bright Green

### Team Details Penarth HC

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>HARVARD Beth (GK)</b>		15	1
4	<b>WOOLLACOTT Lucy</b>		35	1 (PENLHC)
4	<b>KARSERAS Shirley</b>		42	2 (PENARTH 1, PENLHC 1)
6	<b>EVANS Debbie</b>		48	2 (PENARTH 1, PENLHC 1)
7	<b>MUNROE-MORRIS Beth</b>		14	1
8	<b>FARRELL Sarah (C)</b>		34	2 (PENARTH 1, PENLHC 1)
11	<b>EVANS Alys</b>		14	2 (PENARTH 1, PENLHC 1)
26	<b>COOPER Aislinn</b>		27	1
32	<b>HUMPHREYS Gail</b>		51	2 (PENARTH 1, PENLHC 1)
57	<b>THOMAS Laura</b>		33	0
67	<b>WILLIAMS Gabby</b>		21	2 (PENARTH 1, PENLHC 1)
96	<b>KHAN Aleena</b>		30	1
111	<b>EVANS Becca</b>		15	2

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### Team Staff

Role	Name
Team Manager	<b>KILSBY-STEELE Liam</b>

### Team Colours

Shirts	Red   Blue
Skirts	Blue
Socks	Red & Blue Hoops   Blue
GK Shirts	Green   Pink