

2023 - Women's Trophy

26 Mar - 30 Apr 2023

Cardiff & Swansea



Team Details Cardiff University

Shirt No.	Player	Date of Birth	Age*	Caps
24	FERGUSON Zoe		20	1
25	ELLIOT Molly		19	2
29	WILLICOMBE Lydia		19	1
37	JOHNSON Amelia		21	0
44	SHAW Jemma		20	1
47	LEACH Liss		18	1
52	EVANS Olivia		22	0
54	ESPLEN Floss		20	2
55	WATSON Freya (GK)		19	1
58	LAWRENCE Anastasia		19	2
64	WARD Eloise		19	0
65	DERRY Charlotte		19	0
67	EVANS Abigail (C)		19	2
68	HEMMINGS Milly		19	2
71	HALL Phoebe		19	1
82	UPSHALL Annabel		21	1
91	CLARKE Lexie		20	2
93	GARDNER Molly		21	2
95	TLUSTY Charlotte		20	2
99	VIVIAN Izzie		20	2
109	HODDER Mia		19	2
112	DAWSON Milly		21	0
116	RIPPON Esther		19	1
119	PHILLIPS Bethan		22	2
	BANFIELD Maddie (GK)		19	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 26-03-2023

Team Staff

Role	Name
Team Manager	JAMES Hannah
Head Coach	CARHILL Dan

Team Colours

Shirts	Red White
Skirts	Black
Socks	Red White
GK Shirts	Yellow

Technical Delegate: TAYLOR John (WAL)

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Team Details Clwb Hoci Cymric

Shirt No.	Player	Date of Birth	Age*	Caps
1	DAVIES Ffion (C,GK)		34	1
3	EVANS Nia		37	1
5	GOLDSMITH Bethan		22	5 (CHCYM 1, NHALL 4)
8	JONES Lisa		32	1
10	JONES Ffion		32	1
11	SMITH Daisy		29	1
12	JONES Llinos		21	1
21	JONES Nanw		19	1
22	LLYWELYN Mari		24	1
23	DURRANI Lara		27	1
24	LEWIS Nerys		28	1
25	JAMES Catrin		34	0
26	MEEK Natalie		19	0
30	HARLEY Amy		33	1
31	EDWARDS Catrin		42	0
90	PRICE Megan		29	1
91	JONES Rhiannon		27	2 (CHCYM 1, CardUni2 1)
93	JONES Nia		35	1
94	DAVIES Astrid		22	1

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* As of 26-03-2023

Team Staff

Role	Name
Team Manager	BARRATT Anne

Team Colours

Shirts	Green Black
Skirts	Black Black
Socks	Green Black
GK Shirts	Black Purple

Technical Delegate: TAYLOR John (WAL)

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Team Details Penarth LHC

Shirt No.	Player	Date of Birth	Age*	Caps
1	TOBIN Rachelle (GK)		32	1
2	HARVARD Beth (GK)		20	1 (PENARTH)
4	WOOLLACOTT Lucy (C)		40	1
4	KARSERAS Shirley		47	2 (PENARTH 1, PENLHC 1)
6	EVANS Debbie		53	2 (PENARTH 1, PENLHC 1)
8	FARRELL Sarah		39	2 (PENARTH 1, PENLHC 1)
9	WILLIAMS Gabby		26	2 (PENARTH 1, PENLHC 1)
13	OWEN Megan		26	0
22	DISLEY Louise		13	0
32	HUMPHREYS Gail		56	2 (PENARTH 1, PENLHC 1)
34	ALEXANDER Amy		23	3 (CARDMEDICS 2, PENLHC 1)
35	ROBINSON Florence		14	1
36	HASTINGS Megan		17	0
38	NORTON Gwen		13	0
39	THOMAS Mae		17	2
40	DUNLOP Alice		23	1
43	EASTERBY Soffia		16	0
45	TUCKER Poppy		17	0
47	SKONE Megan		18	1
48	TEDDER Tegan		17	1
50	EVANS Lilwen		18	0
52	EVANS Alys		19	2 (PENARTH 1, PENLHC 1)
54	MILLER Sophie		14	0
61	HALL Mia		16	0
99	PARTRIDGE Michelle		45	0

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Team Staff

Role	Name
Team Manager	BIRCH Matt
Stand-In Manager	TEDDER Kirsten
Head Coach	FOREMAN Ella

Team Colours

Shirts	Red Navy
Skirts	Navy Navy
Socks	Red Navy Hoops Navy
GK Shirts	

Technical Delegate: TAYLOR John (WAL)

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Team Details Whitchurch Saints Hockey Club

Shirt No.	Player	Date of Birth	Age*	Caps
2	LENAN Kat		36	1
9	SKIRROW Catrin		59	3
11	DAVIS Manon		17	2
12	JONES Catrin		37	2
17	WAKELING Alys		16	2
21	MCCARROLL Sylvie		15	2
23	EVANS Beatrix		14	2
24	HAMILTON Claire		49	0
33	JARDINE Erin		14	1
37	EDWARDS Madison (GK)		17	2
39	SPITTLE Holly		16	1
41	REES Lynne		59	1
44	MARSTON Molly		15	1
49	WAKELING Lizzie (C)		51	3
52	REES Kathryn		28	2
54	BOWKER Jenny		29	0
54	WILLIAMS Erin		17	2
55	THOMPSON Hannah		24	2
62	POOLE Alex		16	1
75	GEDDIS Corriander		26	0
82	JONES Bethan		17	0
86	CRONK Mali		17	2
151	SMITH Victoria		26	2
158	BOWEN Amy		37	2
	LINSKEY Ocean (GK)		16	0

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* As of 26-03-2023

Team Staff

Role	Name
Team Manager	TIBBITT Fi
Stand-In Manager	EDWARDS Moira
Head Coach	JONES David
Physiotherapist	REES Lynne

Team Colours

Shirts	Blue White
Skirts	Blue Blue
Socks	Blue Red Hooped
GK Shirts	Purple Black

Technical Delegate: TAYLOR John (WAL)