

2024 Women's Championship
15 Oct - 4 May 2024
Various



Team Details Cardiff & Met 1

Shirt No.	Player	Date of Birth	Age*	Caps
1	MORGAN Dan (GK)		32	3 (C&M2W 2, CARDIFF&MET 1)
5	ATKINSON Lottie		20	1
7	BRADLEY Ella		19	1
8	BELLIS-ELKIN Amy (C)		31	2
9	YEOMANS Jayne (C)		33	3
11	HAWKER Rhiannon		32	2
12	ATKIN Anja			1
19	BULBRING Jamie			1
20	CAREY Meg		19	2 (C&M2W 1, CARDIFF&MET 1)
21	MILDENSTEIN Alyssa			1
22	KEYWORTH Lucy		27	1
23	ROBINSON Jemima		18	2 (CARDIFF&MET 1, PENLHC 1)
28	WESTGARTH Niamh		22	1
32	VENNER Pip		21	1
33	HODGES Millie		23	2 (C&M2W 1, CARDIFF&MET 1)
38	CROMPTON Lucy		19	1
43	CHANDLER Anita		31	1
220	KNOTT Lily (GK)		21	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
Team Manager	ROBERTS Fran
Head Coach	HAWKER Luke
Physiotherapist	HOGAN Cora

Team Colours

Shirts	Sky Blue Black
Skirts	Black Black
Socks	Sky Blue Black
GK Shirts	Yellow Green

Technical Delegate: TAYLOR John (WAL)

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15 Oct - 4 May 2024
Various



Team Details Cardiff & Met 2

Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Pale Blue Black
Skirts	Black
Socks	Pale Blue Black
GK Shirts	Yellow Green

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Team Details Cardiff & Met 3

Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Pale Blue Black
Skirts	Black
Socks	Pale Blue Black
GK Shirts	Yellow Green

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Various



Team Details Cardiff University 1

Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Red White
Skirts	Black Black
Socks	Red White
GK Shirts	Black Pink

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Team Details Cardiff University 2

Shirt No.	Player	Date of Birth	Age*	Caps
	BUTLER-FELTON Flo			0
	JONES Emma			0
	JOHNSON Catherine			0
	DENHAM Emily		20	0
	MILLER Sian			0
	FAULKNER Beth			0
	MCILVEEN Kathy			0
	REID Abigail		19	0
	PAYNE Elizabeth			0
	WELLINGS Charlotte			0
	WHITTLESTONE Connie			0
	GOODGE Teona			0
	BOULTER Orla			0
	TANNER Amelia			0
	MCEWEN Cara			0
	WILLIAMS Georgia			0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name

Team Colours

Shirts	Red White
Skirts	Black Black
Socks	Red White
GK Shirts	Black Pink

Technical Delegate: TAYLOR John (WAL)

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Team Details Carmarthen HC 1

Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Black Red
Skirts	Black
Socks	Black Red
GK Shirts	Blue Green

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Team Details Gwent 1

Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Orange White
Skirts	Black Black
Socks	Black Orange
GK Shirts	Black Red

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Various



Team Details Gwent 2

Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Orange White
Skirts	Black Black
Socks	Black Orange
GK Shirts	Black Red

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Team Details Howardian LHC 1

Shirt No.	Player	Date of Birth	Age*	Caps
3	MOORE Robyn (C)		26	4 (CARDIFF&MET 2, HOWARDIAN 2)
4	PETHERICK Annie		46	3
7	FLETCHER Hollie		17	2
9	RICHARDS Hayley		36	3
10	GANESH Serian		34	3
12	MITCHELL-WILLIAMS Dawn		38	3
18	FLECK Becky		60	2
20	NICHOLAS Paris		32	2
29	MOORE Liv		23	3
39	CLARE Joanne		39	4 (GWENT 2, HOWARDIAN 2)
40	PRICE Bethan		35	3
69	UNDERWOOD Katie		23	2
83	FUGE Cath		40	2
	RICHARDSON Rebecca			0
	HOOK Janet			0
	ROBINSON Ellie			0
	HARRIES Charlotte		29	0
	BUTLER Ruby (GK)		16	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name

Team Colours

Shirts	Black & Cerise White & Cerise
Skirts	Black Black
Socks	Black / Cerise / White hoops Black / Cerise / White
GK Shirts	Yellow Green

Technical Delegate: TAYLOR John (WAL)

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Team Details Penarth LHC 1

Shirt No.	Player	Date of Birth	Age*	Caps
4	HIRD Caragh (GK)			1
7	BATES Lottie (C)		25	5 (CARDIFFU 4, PENLHC 1)
14	MCKANE Claire		22	0
15	THOMAS Hebe			0
16	TYLER Kate		31	4 (PENARTH 1, PENLHC 3)
19	GORDON Carys		39	2
21	BARNES Pippa (C)		28	2
22	THOMAS Mae		18	2
23	WILCOCK Harriette		27	3
24	CAUNT Fran		42	4 (CARDIFF&MET 2, PENLHC 2)
27	DAVIES Lena		18	2
28	RICHARDS Menai		26	3 (PENLHC 1, SWANSEAUNI 2)
29	WILDE Naomi		21	1
37	BUSHNELL Millicent		25	8 (CARDIFFU 5, PENLHC 3)
62	HADLEY Freya		14	0
99	GILDER Lucy			0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
Team Manager	PARTRIDGE Michelle
Stand-In Manager	FACKRELL Nick
Stand-In Manager	TEDDER Kirsten
Head Coach	TOMOS Dafydd

Team Colours

Shirts	Red Navy
Skirts	Navy Navy
Socks	Red & Navy Hoops Navy
GK Shirts	Green Black

Technical Delegate: TAYLOR John (WAL)

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Team Details Penarth LHC 2

Shirt No.	Player	Date of Birth	Age*	Caps
2	DAVIES Naomi		29	0
8	MCKANE Claire		22	0
13	TEDDER Kirsten		53	1 (PENARTH)
14	JAMES Medi		42	0
22	DISLEY Louise		13	0
24	HADLEY Freya		14	0
35	ROBINSON Florence		15	1
36	HASTINGS Megan		18	0
38	NORTON Gwen		14	0
39	THOMAS Mae		18	2
	HIRD Caragh			1
	WILSON Beth		39	0
	COSBY Nia		16	0
	O'FLAHERTY Kate		15	0
	EVANS Alys		15	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
Stand-In Manager	TEDDER Kirsten

Team Colours

Shirts	Red Navy
Skirts	Navy Navy
Socks	Red & Navy Hoops Navy
GK Shirts	Green Black

Technical Delegate: TAYLOR John (WAL)

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Team Details Swansea HC 1

Shirt No.	Player	Date of Birth	Age*	Caps
1	JACKSON Ella (C,GK)		28	1
2	BOWE Ruth		28	1
3	WISEMAN Lucy			1
4	JONES Rosie		17	1
5	POTTS Connie			1
6	BROWN Amy		23	3 (CARDIFFU 2, SWANSEAHC 1)
8	BARKER Harriet		25	3 (SWANSEAHC 1, SWANSEAUNI 2)
9	RODERICK Iona		17	1
10	GRABHAM Ella-Rose		15	2 (PENLHC 1, SWANSEAHC 1)
11	SLOANE-LUCAS Sarah		37	1
12	ATKINS Tiggy		19	1
15	GALLAGHER Fleur		21	1
17	FOREY Olivia		16	1
21	BEAN Seren		16	1
22	COLLIER Bethan (C)		22	1
25	STRANSOM Esme		16	1
40	DIAMOND Grace (GK)		17	0
40	OSWIN-HERITAGE Orla		16	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
Team Manager	FOREY Jonathan
Head Coach	SAMAK Mo
Assistant Coach	MARSHALL Lee

Team Colours

Shirts	White/Orange Black
Skirts	Green Black
Socks	White Back
GK Shirts	Black Red

Technical Delegate: TAYLOR John (WAL)

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Team Details Swansea HC 2

Shirt No.	Player	Date of Birth	Age*	Caps
	DIAMOND Grace		17	0
	RICHARDS Amie		30	0
	HAYWOOD Emily		18	0
	BINGHAM Cath			0
	EVANS Gwen		31	1 (LLANDYSUL)
	COOK Sophie			0
	IRVINE Katie			0
	WISEMAN Lucy			1
	RODERICK Iona		17	1
	BRETTEL Chloe		15	0
	GREENHALGH Esta			0
	FLOWERDEW Amber			0
	WADDINGTON Jess		19	0
	POTTS Connie			1
	HENNESSY Carys		16	0
	MELLALIEU Sadie		37	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name

Team Colours

Shirts	White/Orange
Skirts	Navy
Socks	Orange
GK Shirts	Black Red

Technical Delegate: TAYLOR John (WAL)

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Team Details Swansea HC 3

Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	White/Orange
Skirts	Navy
Socks	Orange
GK Shirts	Black Red

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Team Details Whitchurch Saints Hockey Club 1

Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
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Team Colours

Shirts	Blue White
Skirts	Blue Blue
Socks	Blue Red Hooped
GK Shirts	Purple Black

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Various



Team Details Whitchurch Saints Hockey Club 2

Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

* As of 15-10-2023

Team Staff

Role	Name
Team Manager	STROUD Vikki

Team Colours

Shirts	Blue White
Skirts	Blue Blue
Socks	Blue Red Hooped
GK Shirts	Purple Black