

Team Details Bangor City 1

Shirt No.	Player	Date of Birth	Age*	Caps
1	PARRY Catrin (GK)	8 Mar 1992	31	1
10	CULLEY Nia	16 Sep 2004	19	3
19	ASHCROFT Nicola	31 Jul 1977	46	3
20	SMITH Jacqueline	24 Mar 1983	40	1
21	REES-WILLIAMS Siwan	29 May 2003	20	1
23	HATTON Tasha (C)	2 Apr 1989	34	1
24	GALLAGHER Jenna	4 Oct 1984	39	1
30	JONES Mared	3 Mar 2001	22	1
38	DODD Ciara	29 Nov 2001	21	1
39	EDWARDS Siwan	8 May 2001	22	1
40	CREER Amelie	8 Jul 2008	15	3
47	JEFFREY Lauren	16 Jan 1997	26	3
52	EVANS Lois (C)	8 Nov 1995	27	1
61	JONES Heledd	30 Aug 1990	33	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name
Team Manager	CULLEY Rhian
Head Coach	MCKEAVENEY Julie

Shirts	Blue / Navy / White Red
Skirts	Navy Navy
Socks	Blue / Navy / Light Blue Hoops Red
GK Shirts	Grey





Team Details Bangor University 1

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Shirt No.	Player			Date of Birth	Age*	Caps
NB: Team lists	are subject to change following the	e tournament briefin	g meeting			* As of 22-10-2023
			Team Staff			
	Role	Name				
			Team Colours			

Shirts	Green & Yellow Purple
Skirts	Green Black
Socks	Green
GK Shirts	Black Green





Team Details Bridgend Ladies

Shirt No.	Player		Date of Birth	Age*	Caps
NB: Team lists	are subject to change following the to	urnament briefing meeting			* As of 22-10-2023
		Team Staff			
	Role	Name			
		Team Colours			
	Shirts				

Shirts	
Skirts	
Socks	
GK Shirts	





Team Details Cardiff & Met 4

Shirt No.	Player		Date of Birth	Age*	Caps
NB: Team lists	are subject to change following the to	ournament briefing meeting			* As of 22-10-2023
		Team Staff			
	Role	Name			
		Team Colours			

Shirts	Pale Blue Black
Skirts	Black
Socks	Pale Blue Black
GK Shirts	Yellow Green





Team Details Cardiff University 3

Shirt No.	Player	Date of Birth	Age*	Caps
25	ELLIOT Molly (C)	19 Aug 2003	20	2
54	ESPLEN Floss	3 Sep 2002	21	2
58	LAWRENCE Anastasia	11 Aug 2003	20	2
68	HEMMINGS Milly	20 Nov 2003	19	2
71	HALL Phoebe	19 Oct 2003	20	1
91	CLARKE Lexie	3 Aug 2002	21	2
	PARTRIDGE Zoe	18 Jan 2005	18	0
	JAMES Hannah (GK)	24 Jul 2003	20	0
	TEXIER Bo	25 Oct 2004	18	0
	MURIEL Josephine	5 Dec 2004	18	0
	TAYLOR Amy	22 Dec 2001	21	0
	SLATER Esme	13 May 2004	19	0
	WILLIAMS Eve	21 Sep 2004	19	0

NB: Team lists are subject to change following the tournament briefing meeting

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* As of 22-10-2023

Role	Name

Shirts	Red White
Skirts	Black Black
Socks	Red White
GK Shirts	Black Pink





Team Details Cardiff University 4



Shirts	Red White
Skirts	Black Black
Socks	Red White
GK Shirts	Black Pink





Team Details Cardiff University 5

Shirt No. Playe	r		Date of Birth	Age*	Caps
NB: Team lists are sub	pject to change following the to	ournament briefing meeting			* As of 22-10-2023
		Team Staff			
	Role	Name			
		Team Colours			

Shirts Red | White Skirts Black | Black Socks Red | White GK Shirts Black | Pink





Team Details Clwb Hoci Cymric 1



Shirts	Green Black
Skirts	Black Black
Socks	Green Black
GK Shirts	Black Purple







Team Details Dysynni HC 1

Shirt No.	Player	•		Date of Birth	Age*	Caps
NB: Team lists	are subj	ject to change following the tourn	ament briefing meeting			* As of 22-10-2023
			Team Staff			
		Role	Name			
			Team Colours			
		Shirts				
		Skirts				

Socks GK Shirts







Team Details Eirias Hockey Club 1

Shirt No.	Player	Date of Birth	Age*	Caps
1	CATTELL Kira (GK)	26 Jun 2008	15	1
23	ROBERTS Daloni	10 Dec 2007	15	1
27	HUGHES Martha	25 May 1999	24	1
30	PYVES Jude	4 Jan 1968	55	1
41	DEXTER-LOWE Michelle	10 Dec 2007	15	1
51	ROBERTS Nansi			1
52	DEXTER-LOWE Janelle (C)	7 Mar 1978	45	1
54	PAYNE Charlotte	25 Oct 2008	14	1
56	PIERCE Fflur	3 Oct 2007	16	1
70	JONES Effi	20 Oct 2009	14	1
79	HARRISON Sophie	11 Aug 1993	30	1
99	COPELAND Lily	1 Mar 2009	14	1
108	THOMAS Libby	3 Jun 2007	16	1
121	JONES Beca	11 Oct 2007	16	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role	Name
Team Manager	THOMAS Helen

Shirts	Pale Blue Burgundy	
Skirts	Black Black	
Socks	Pale Blue Burgundy	
GK Shirts		





* As of 22-10-2023

Team Details Gwent 3

Shirt No.	Player	Date of Birth	Age*	Caps
82	FIELDEN Yasmin	31 Oct 2000	22	0
90	HALL Isobell	12 Jul 2000	23	1
91	HALL Jasmine	12 Jul 2000	23	1
	WILLIAMS Sian	10 Jul 2001	22	0
	RODWAY Abigail	19 Oct 2006	17	0
	WALKER Lois	19 Mar 2008	15	0
	CRIDDLE Erin	14 Dec 2005	17	0
	LONG Bethan	19 Jun 1997	26	0
	CATHERALL Amanda	18 Jun 1991	32	0
	HIGGINS Rosie	29 Dec 1994	28	1
	MORGAN Rosie (C)	13 Apr 2000	23	0
	CRIDDLE Isabelle	25 Dec 2009	13	0
	PHILLIPS Frances (GK)	23 Mar 1992	31	0
	ROBERTS Menna	14 Oct 2006	17	0
	CHICK Rebecca	29 Dec 1999	23	0

NB: Team lists are subject to change following the tournament briefing meeting

Team Staff

Role

Team Colours

Name

Shirts	Orange White
Skirts	Black Black
Socks	Black Orange
GK Shirts	Black Red





Team Details Newcastle Emlyn 1

Shirt No. Playe	r		Date of Birth	Age*	Caps
NB: Team lists are subject to change following the tournament briefing meeting *					* As of 22-10-2023
		Team Staff			
Role Name					
		Team Colours			

Shirts	Black and Red	
Skirts	Black and Red	
Socks	Red and White Hoops	
GK Shirts	Orange Black	





Team Details Northop Hall 1

Shirt No.	Player		Date of Birth	Age*	Caps
NB: Team lists	NB: Team lists are subject to change following the tournament briefing meeting * As of 22-10-2023				
	Team Staff				
	Role	Name			
Team Colours					

Shirts	Royal Blue / White Orange
Skirts	Navy
Socks	Royal Blue / White Orange
GK Shirts	Yellow Black





Team Details Penarth LHC 3

Shirt No.	Player		Date of Birth	Age*	Caps
NB: Team lists	NB: Team lists are subject to change following the tournament briefing meeting * As of 22-10-2023				
	Team Staff				
	Role Name				
Team Colours					

Shirts	Red Navy
Skirts	Navy Navy
Socks	Red & Navy Hoops Navy
GK Shirts	Green Black





Team Details Penarth LHC 4

Shirt No.	Player	Date of Birth	Age*	Caps
13	OWEN Megan	21 Nov 1996	26	0
23	MUDGE Jackie	11 Aug 1960	63	0
50	EVANS Lilwen	9 Feb 2005	18	0
	BISHOP Megan	29 Sep 1996	27	0
	TROTMAN Sian			0
	ROGERS Bev			0
	GREENSLADE Emma	28 Sep 1998	25	0
	FRANCIS Chelsea	23 Apr 1993	30	0
	HOWELLS Carleigh	10 Oct 2006	17	0
	LAUGHARNE Zoe	18 Oct 2001	22	0
	MANLEY Sally			0
	COSBY Justine	19 Aug 1976	47	0
	EL-KHATIB Rachel	2 Sep 2010	13	0
	HATTON Hannah			0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role Name

Shirts	Red Navy
Skirts	Navy Navy
Socks	Red & Navy Hoops Navy
GK Shirts	Green Black





Team Details Rhondda 1

Shirt No.	Player	Date of Birth	Age*	Caps
1	MORGAN Rebecca (GK)	3 May 2008	15	0
8	JONES Jan			0
9	PRICE Jessica	4 May 1993	30	0
10	REES Emma			0
12	GIBONEY Louise	18 Mar 1985	38	0
17	HARRIS Aimee	3 May 1993	30	0
25	WILLIAMS Eve	30 Jan 2008	15	0
34	PARTINGTON Naiya	17 Feb 2006	17	0
35	DAVIES Lauren	7 Jun 2000	23	0
48	OLIVER Carly	12 Oct 1996	27	0
49	BUNDY Lydia	22 Nov 1996	26	0
56	BROOKING Catrin (C)	18 Apr 1995	28	0
57	EVANS Chloe			0
77	VINCENT Caitlyn	4 Oct 2006	17	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 22-10-2023

Team Staff

Role Name

Shirts	
Skirts	
Socks	
GK Shirts	





Team Details Rhuthun HC 1

Shirt No.	Player		Date of Birth	Age*	Caps
NB: Team lists	NB: Team lists are subject to change following the tournament briefing meeting				* As of 22-10-2023
Team Staff					
	Role	Name			
	-				
		Team Colours			
	Shirts				

Shirts	
Skirts	
Socks	
GK Shirts	





Caps

Team Details Risca Hockey Club 1 Shirt No. Player Date of Birth Age* NB: Team lists are subject to change following the tournament briefing meeting * As of 22-10-2023 **Team Staff** Role Name

Team Colours

Shirts	Sky Blue / Navy detailing Orange / Navy & White detailing
Skirts	Navy Navy
Socks	Sky Blue Orange / White detailing
GK Shirts	Neon Green Black





Team Details Whitchurch Saints Hockey Club 4



Shirts	Blue White
Skirts	Blue Blue
Socks	Blue Red Hooped
GK Shirts	Purple Black

