

**2024 Men's Championship**  
21 Apr - 4 May 2024  
Various



**Team Details Cardiff & Met 1**

Shirt No.	Player	Date of Birth	Age*	Caps
3	<b>WALL Ioan</b>		24	6 (CARDIFF&MET 4, SWANSEAHC 2)
4	<b>MILL Josh</b>		23	1
5	<b>DINNIE Alf</b>		29	3
9	<b>DAVIES Ieuan</b>		31	6
14	<b>ASPRAY David</b>		21	1
16	<b>TYSON James</b>		20	1
17	<b>HUNTE Charles</b>		30	6
19	<b>WOOD Tom</b>		26	6
20	<b>RILEY William</b>		23	1
21	<b>PRITCHARD Jack (C)</b>		30	5
27	<b>BHO GAL Hari</b>			1
29	<b>MORGAN Nicholas</b>		22	7 (CARDIFF&MET 2, SWANSEAHC 5)
31	<b>OXENHAM Emlyn (GK)</b>		23	3
33	<b>GEORGE Matty</b>		21	2
34	<b>LAZAREVIC Ben</b>		19	1
45	<b>PETTITT James</b>		19	1

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 21-04-2024

**Team Staff**

Role	Name
Team Manager	<b>MCDERMID Angus</b>
Head Coach	<b>PAYNE Rhys</b>
Physiotherapist	<b>MASON Debbie</b>

**Team Colours**

Shirts	Black   Sky Blue
Shorts	Black   White
Socks	Black   Sky Blue
GK Shirts	Yellow

Technical Delegates: TAYLOR John (WAL), BREWER Chris (WAL)

**2024 Men's Championship**  
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**Team Details Swansea HC 1**

Shirt No.	Player	Date of Birth	Age*	Caps
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NB: Team lists are subject to change following the tournament briefing meeting

\* As of 21-04-2024

**Team Staff**

Role	Name
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**Team Colours**

Shirts	White   Black / Green
Shorts	Green   Green
Socks	White   White
GK Shirts	Green   Orange

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Various



**Team Details Whitchurch 1**

Shirt No.	Player	Date of Birth	Age*	Caps
2	<b>MCLEAN Ben</b>		17	2
3	<b>HAGEN Andrew</b>		22	1
4	<b>BOURN Alex</b>		27	6
5	<b>CULLING Toby</b>		23	2
6	<b>MILTON Alex</b>		30	4 (CARDIFFU 2, WHC 2)
7	<b>DAVIES Harry</b>		17	0
8	<b>LATTER Eddie</b>		27	2 (CARDIFFU 1, WHC 1)
9	<b>WILLIAMS Tomos</b>		18	0
10	<b>COUSTON Rhys</b>		18	3
11	<b>LEWIS Rhodri</b>		21	0
11	<b>SHEEHAN Seb</b>		33	4
12	<b>WRIGHT Ross</b>		22	1
13	<b>GRAY Andy</b>		26	5
13	<b>HICKS Matthew</b>		34	1
14	<b>CAPPER Spike</b>		24	0
15	<b>JONES Ben</b>		27	4 (SWANSEAHC 3, WHC 1)
15	<b>MIDDLETON Nick</b>		31	1
16	<b>WILKINSON Phil</b>		35	4
17	<b>RYLAND Owain</b>		33	2
37	<b>CLARKE Tom</b>		26	2
79	<b>PINNEY Matt</b>		23	2
96	<b>MORGAN Cian</b>		21	1
	<b>BANDERAK James (GK)</b>		25	1
	<b>WILYMAN Jay</b>		41	6
	<b>WILKINS Charlie</b>		22	3
	<b>DHOOT Arjan</b>		27	1
	<b>JAMES Matthew (GK)</b>		20	0

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 21-04-2024

**Team Staff**

Role	Name
Team Manager	<b>COUSTON Neil</b>
Head Coach	<b>WILYMAN Jay</b>

**Team Colours**

Shirts	Blue   Grey / White
Shorts	Blue   Red
Socks	Blue / White Hoop   Red / White Hoop
GK Shirts	Red   Red

Technical Delegates: TAYLOR John (WAL), BREWER Chris (WAL)