

Team Details Brecon 1 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 Team Staff Role Name Team Colours Shirts Shirts Shirts

Shirts	
Shorts	
Socks	
GK Shirts	





Team Details Cardiff & Met 1 Date of Birth

Caps * As of 09-12-2023

Age*

NB: Team lists are subject to change following the tournament briefing meeting

Shirt No.

Player

Team Staff

Role

Name

Team Colours

Shirts	Black Sky Blue	
Shorts	Black White	
Socks	Black Sky Blue	
GK Shirts	Red Yellow	







Team Details Cardiff & Met 1 (M) Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 Team Staff Role Name

Team	Colours	

Shirts	Black Sky Blue	
Shorts	Black White	
Socks	Black Sky Blue	
GK Shirts	Red Yellow	





Team Details Cardiff & Met 2 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 * As of 09-12-2023 Team Staff Role Name Team Colours

Shirts	Black Sky Blue
Shorts	Black White
Socks	Black Sky Blue
GK Shirts	Red Yellow







Team Details Cardiff Uni 1

Shirt No. Player			Date of Birth	Age*	Caps		
NB: Team lists are sub	ject to change following the t			* As of 09-12-2023			
Team Staff							
Team Colours							

Shirts	Red White	
Shorts	Black Black	
Socks	Red White	
GK Shirts	Yellow	





Team Details Cwmtawe 1 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 * As of 09-12-2023 Team Staff Role Name Team Colours

 Shirts

 Shorts

 Socks

 GK Shirts







Team Details Dowlais 1 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 * As of 09-12-2023 Team Staff Role Name Team Colours

Shirts	Black/Green Green/Black
Shorts	Black Green/Black
Socks	Black Black/Green Hoops
GK Shirts	Orange Black/White







Team Details Dowlais 2 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 * As of 09-12-2023 Team Staff Role Name Team Colours

Shirts	Black/Green Green/Black
Shorts	Black Green/Black
Socks	Black Black/Green Hoops
GK Shirts	Orange Black/White







Team Details Gwent 1 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 * As of 09-12-2023 Team Staff Role Name Team Colours

	Shirts	Black/Orange White/Orange
Shorts		Black Black
Socks GK Shirts		Black Orange
		Black Red





Team Details Gwent 1 (M) Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 Team Staff Role Name Team Colours

	Shirts	Black/Orange White/Orange
Shorts		Black Black
Socks GK Shirts		Black Orange
		Black Red







Team Details Howardian 1

Shirt No.	Player			Date of Birth	Age*	Caps
NB: Team lists are subject to change following the tournament briefing meeting					* As of 09-12-2023	
			Team Staff			
	Role	Name				
Team Colours						
	Shirts					
	Shorts					

Socks GK Shirts





Team Details Neath 1 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 Team Staff Role Name Team Colours Shirts Shirts

Shirts	
Shorts	
Socks	
GK Shirts	





Team Details Neath 2 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 Team Staff Role Name Team Colours Shirts Shirts

 Shirts

 Shorts

 Socks

 GK Shirts







Team Details Penarth 1 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 Team Staff Role Name Team Colours

Shirts	Red Navy
Shorts	Navy Navy
Socks	Navy/Red hoops Navy
GK Shirts	





Team Details Penarth 2

Shirt No.	Player		Date of Birth	Age*	Caps
NB: Team lists a	NB: Team lists are subject to change following the tournament briefing meeting				* As of 09-12-2023
Team Staff					
	Role Name				
Team Colours					

Shirts	Red Navy
Shorts	Navy Navy
Socks	Navy/Red hoops Navy
GK Shirts	







Team Details Rhondda 1

Shirt No. Playe	r		Date of Birth	Age*	Caps	
NB: Team lists are sub	NB: Team lists are subject to change following the tournament briefing meeting				* As of 09-12-2023	
	Team Staff					
Role Name						
Team Colours						

	Shirts	Red/Navy White/Navy
ĺ	Shorts	Navy/Red Navy/White
ĺ	Socks	Red White
ĺ	GK Shirts	Yellow Yellow





Team Details Rhondda 2

Shirt No. Playe	er		Date of Birth	Age*	Caps
NB: Team lists are sul	NB: Team lists are subject to change following the tournament briefing meeting				* As of 09-12-2023
		Team Staff			
Role Name					
Team Colours					

Shirts	Red/Navy White/Navy
Shorts	Navy/Red Navy/White
Socks	Red White
GK Shirts	Yellow Yellow





Team Details Risca 1 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 Team Staff Role Name Team Colours Shirts Shirts

Shirts	
Shorts	
Socks	
GK Shirts	





Team Details Risca 2 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 * As of 09-12-2023 Team Staff Role Name Team Colours

Shirts	
Shorts	
Socks	
GK Shirts	







Team Details Swansea 1

Shirt No.	Player		Date of Birth	Age*	Caps	
NB: Team lists are subject to change following the tournament briefing meeting				* As of 09-12-2023		
Team Staff						
Role Name						
Team Colours						

Shirts	White
Shorts	Green
Socks	White
GK Shirts	







Team Details Swansea 1 (M) Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 Team Staff Role Name Team Colours

Shirts	White
Shorts	Green
Socks	White
GK Shirts	





Team Details Swansea 2

Shirt No.	Player		Date of Birth	Age*	Caps
NB: Team lists are subject to change following the tournament briefing meeting * As of (* As of 09-12-2023	
Team Staff					
	Role	Name			
Team Colours					

Shirts	White
Shorts	Green
Socks	White
GK Shirts	





Team Details Swansea 2 (M) Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 * As of 09-12-2023 Team Staff Role Name Team Colours

Shirts	White
Shorts	Green
Socks	White
GK Shirts	





Team Details Whitchurch 1 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 * As of 09-12-2023 Team Staff Role Name Team Colours Shirts Royal/Navy Blue stripes White/Grey stripes

Shirts	Hoyal/Navy blue surpes White/Grey surpes
Shorts	Navy Blue White
Socks	Blue/White Hoops Red/White Hoops
GK Shirts	Black Red





Team Details Whitchurch Saints 1 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 * As of 09-12-2023 Team Staff Role Name Team Colours Shirts Royal/Navy Blue Stripes | White/Grey Striped

Shirts	Royal/Navy Blue Stripes White/Grey Striped
Shorts	Navy Blue White
Socks	Blue/White Hoops Red/White Hoops
GK Shirts	Black Pink







Team Details Whitchurch Saints 2 Shirt No. Player Date of Birth Age* Caps NB: Team lists are subject to change following the tournament briefing meeting * As of 09-12-2023 * As of 09-12-2023 Team Staff Role Name Team Colours Shirts Royal/Navy Blue Stripes | White/Grey Striped

Shins	Royal/Navy Blue Stripes Write/Grey Striped
Shorts	Navy Blue White
Socks	Blue/White Hoops Red/White Hoops
GK Shirts	Black Pink

